

Kennisis Lake Cottage Owners Association

# Kennisis Breeze

# Plans for Summer 2022 Activities

Online ordering
Roadside Cleanup

May 6th, 9:30am -12:00pm May 7th, 2- 4pm

Thank you to the volunteers!

KLCOA Spring Meeting

May 26th

Virtual Meeting 7:00pm

Register at www.klcoa.org

**Ladies Of The Lake Lunch** 

July 1st

Raindate: July 2nd

KLCOA Fireworks/CANADA DAY

Friday July 1st

Raindate: July 2nd

Rock Bass Fishing Derby

July 9th

Art on the Dock

July 15th & 17th

Summer Swimming Lessons

Cancelled

Regatta

July 30th

Sailing Regatta

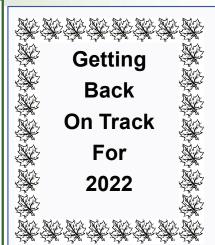
July 31st

Sailing Series

Date to be announced

**KLCOA General Meeting** 

To Be Determined











Wikipedia defines **Fireworks** as a class of <u>low explosive pyrotechnic</u> devices used for aesthetic and entertainment purposes. They may be designed to burn with coloured flames and sparks including red, orange, yellow, green, blue, purple and silver. Displays are common throughout the world and are the focal point of many cultural celebrations.

Our **2022 CANADA DAY** celebration will be co-sponsored by Kennisis Lake Cottage Owners Association and Minden and Haliburton Home Hardware. We are very fortunate to have received such a generous donation from MHHH. In addition, we are also very fortunate to have Kennisis Lake Marina as the location to set off this display and are also very grateful for Steve Ashfield (our pyrotechnic and certified fireworks operator) with his team of volunteers who spend hours preparing for this event. We know that you will appreciate everyone's efforts and support them as they prepare this awesome celebration for us!

The display this year **promises to be better than ever** as we celebrate Canada's 155th birthday and celebrate a big step back to some sort of normalcy as the COVID restrictions are lifted and we pick up where we left off in 2019. Plan to attend this event by boat or by land. It will be one that should not be missed as Steve Ashfield has eagerly been purchasing the fireworks that bang, crackle, hum and whistle!

We don't know what he has purchased but maybe we'll see the **Cake**, the **Crossette**, the **Chrysanthemum**, the **FISH**, the **Waterfall**, the **PALM** or the well known **Roman Candle**. Hope to see you there!!!

# A Message From Our President, Deb Wratschko

Spring is in the air and with it there are definite signs of getting back to a new normal! We are still faced with some unknowns but for the most part, things are falling into place for an active summer. Everyone is looking forward to a season of happy times.

Your KLCOA Board has been hard at work this past winter preparing for the start-up of some regular programs and initiatives as well as for the introduction of some new ones. We are also doing some spring cleaning on our bylaws, governance practices and policies to bring them in line with the finally updated ONCA (Ontario Not-for-profit Corporations Act) regulations and to give them a review and refresh based on the results of the **Kennisis All Of US** survey.

Ladies of the Lake Luncheon, Art on the Dock, Rock Bass Fishing Derby, and Regatta and many stewardship initiatives are back on track for this year. At the time of writing this message (mid April) we are having discussions around new additions to our calendar. Attend the Spring Meeting and watch for eblasts and our website for regular updates.

One of the big reviews we are undergoing is our swimming program. The Canadian Red Cross recently announced that it is winding down its swim and lifeguard programming to direct more attention to surging humanitarian demands in other areas – such as disaster and pandemic response, opioid harm reduction and care giving for seniors. They are transitioning all of their swim programs over to the Lifesaving Society of Canada. The KLCOA is looking into how this change will affect us as well as some new requirements from our insurance company. We will be polling the membership for feedback once we understand all of our options.

Some exciting news! The Minden and Haliburton Home Hardware Building Center is joining the KLCOA as a major sponsor of the Annual KLCOA Canada Day fireworks. Their generous sponsorship will allow us to put on a great display this year. Thank you Haliburton Home Hardware Building Center! Please show your support by shopping local and patronizing this business.

The KLCOA programs, events and initiatives require many volunteers beyond the Board of Directors. We are hoping to set up a formalized volunteer database this year so that we have a list of volunteer names at the ready when we need them. Whether you can volunteer to help with a specific event, join a committee or offer your professional expertise when requested we would appreciate hearing from you. Together we can build community. A big thank you to all of you who already volunteer!

Our Spring Meeting this year will again be a virtual event on May 26 at 7pm. We had our best attendance ever at our online event last Spring with lots of positive feedback. We will be discussing future meeting times and formats more with our members soon. This year the Spring meeting will be focussed mainly on our guest speakers; Councillor John Smith, Malcolm Cockwell of the Haliburton Forest, an OPP update and the Marina. The full agenda is available on our website at klcoa.org.

Watch for eblasts and our website for regular updates on all of our programs, initiatives and events. My email box is always open! If you have comments, concerns or positive feedback to share with myself and the board please reach out to <a href="mailto:klcoa.president.2017@gmail.com">klcoa.president.2017@gmail.com</a>

I look forward to seeing everyone on the lake summer!

Sincerely,

Deb Wratschko

KLOCA President

Klcoa.president.2017@gmail.com

# .....And The Survey Says:

Thank you to the **718 members and 73 non-members** who responded to our 2021 KLCOA survey, **KennisIS All Of US** We learned a great deal about our lake community and here is a snippet of what <u>you</u> "Love to do" while you are at the lake. (*More to come in future issues*)







# Porta Potties Coming to a Marina Near You!



The 2022 season should bring more human traffic to the Kennisis Lake Marina. Ice cream cones, gourmet coffees, smoothies and of course, wonderful snacks made by Wade Stamp from the Saucey Pig along with the popular pickle ball courts, fireworks and the Regatta will most likely result into a "nature calling" moment. This year, 3 porta potties will be available for public use. KLCOA will pay for 1 port potty while Kennisis Lake Marina will pay for 2 porta potties. Let's all be respectful of this shared facility!



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The Morrow's

# **Kennisis Lake History**

Book



- The Original Stewards Of the Land; Following in Joe's Footsteps
- Mapping, Surveys & Original Routes
- Hauling Down the Big Pines
- · The Long & Winding Road
- · Buying The Dream, Early Cottaging Stories
- · Saturday Nights Living it at the Lake
- Marina, the Centre Hub
- · If You Can Start it You can Drive It
- · How many Skiers can one boat pull...
- · Sandy Beach Parties / secrets revealed ( or not)
- Big Fish, Little Fish, No Fish?!
- · The Winter I fell off the Sled & Other Winter Adventures
- Hollywood Came Calling
- Regatta Fun & Bragging Rights
- · You Say Kenice, I Say Kennisis
- · Ghost stories, Lore and Ernie the Goose
- · Days at the Lake, Gifts Everlasting
- The KLCOA; History of Volunteering
- · Generational Fun Goes On & On
- Mom made us Pick Berries
- · The Bear Necessities
- Island Fun & Gifts That Last
- Old cottagers, new cottagers Everyone Has A Story



# 2022 REGISTRATION NOW OPEN!

Why is Pickleball the fastest growing sport in North America? Because it's easy to learn & fun to play for all ages. We are excited to announce that Kennisis Lake Marina has recently built a 'state of the art' pickleball facility on the marina property and, along with the existing tennis/pickleball court facility at Haliburton Forest, has formed *Kennisis Courts* - Pickleball & Tennis Club. These sports are a great way to stay active & meet others on the lake. *Kennisis Courts* is the newest social hub for you and your cottage community! Join today to receive these member benefits:

- ★ 4 Pickleball & 1 Tennis Court 7 months of outdoor play on 4 brand new pickleball courts at Kennisis Lake Marina & 1 multi-purpose tennis court with 2 pickleball courts overlayed at Haliburton Forest
- ★ Book a court online with our Member Booking System
- ★ Join scheduled drop-in sessions to play, socialize & have fun with other members
- ★ Enhance your game by participating in the Pickleball Pro Clinics
- ★ New to pickleball? Come to our Learn to Play Clinics and experience what everyone's talking about!
- ★ Participate & have fun in our scheduled Round Robins & Tournaments

We are committed to ensuring that membership to Kennisis Courts is a positive experience for all and, as a result, we will be limiting the number of members. This will ensure that everyone has the opportunity to book courts in a timely manner. **Memberships will be awarded on a first come first serve basis until the max number is reached.** 

#### REGISTRATION INSTRUCTIONS

- COMPLETE THE REGISTRATION FORM & SIGN TWO WAIVERS. Use the link highlighted below to access the
  registration form and waivers (one for Kennisis Courts and the other for Haliburton Forest). If more than one
  person in your family is joining, each person needs to fill out the form and sign the waivers.
- NOTE: Every family must elect one person to be the PRIMARY MEMBER. If you are signing up as a single person in your family, then you are the PRIMARY MEMBER.

HERE'S THE LINK: 2022 REGISTRATION KENNISIS COURTS

2) MAKE A PAYMENT via e-transfer to klvicorp1@gmail.com

Contact Lisa Dale at cottagecourts@gmail.com for more information

# What is Pickleball?

- Pickleball is a combination of badminton and ping pong.
- 2 It's played on a badminton court with a tennis sized net.
- 3 It is played with oversized ping pong racquets and softball sized plastic balls.
- The rules are simple and fun so everyone can play!

Although these snapshots do not cover all of the pickleball rules, reading about the basics will help you have a sense of the game before the specific rules are stipulated during a game. (At least you'll know that you don't throw the ball!)

# The Basic Rules

Server starts in the right court and serves to the court diagonally opposite. The ball must travel past the non-volley zone line.



 Receiver must let the ball bounce once before hitting it. Can return the ball anywhere.



- On the first return of service, server (or partner) must also let the ball bounce once before hitting it.
- After that, players may also volley, unless they are standing in the nonvolley zone.





Helpful Tips

# PICKLEBALL TERMS AND RULES

**№790003JEIN42J39000** 

TWO-BOUNCE RULE

The two bisomorrule eliminates a solley being taken directly from a more short

NON-VOLLEY ZONE

in the non-volley zone no body parts or articles of clothing are allowed in

A LINE CALLS

Line calls are the same as termin, If it touches the line, it is considered in and playable.

DINKIN

Dinking is a self, precise, tow net shot that extends the game long enough until your opponent makes an error. It can be a handy tool once mastered by any player.



pickleballin.com



# A Reminder:

Dysart et al has a written <u>bylaw 2019</u>
<u>-42</u> that addresses the unreasonable noise level of business, residents and cottagers during the hours of 11:00pm to 7:00am. These include construction equipment, radio, television, loud speakers, musical instruments, yelling, shouting, hooting excessive dog barking and other unreasonable noises that degrade the quality and tranquility of the environment. Exceptions are also listed in the bylaw: le ambulance sirens

Enjoy your time in Haliburton taking in the numerous activities that it has to offer for everyone who lives and visits here. For ongoing information about various events, keep updated by visiting:

www.klcoa.org

www.myhalibutonhighlands.com

Pets are part of our families and we love taking them on walks. Dysart et al reminds us to keep pets on a leash and clean up using doggies bags.





FOR MORE INFORMATION 60 TO WWW.ontarioinvasiveplants.ca

# Redstone Rentals



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Ted: (705) 754-1511

Carolyn: (905) 294-4359

in fo@red stone rentals.com

# **Connectivity Update - Bell**

The KLCOA Connectivity Team has continued our dialogue with Bell Canada in efforts to improve wireline and wireless connectivity in our area. Following are several updates which may be of interest to our members:





The KLCOA and several hundred individual property owners wrote in support of federal Universal Broadband Funding to bring fibre service to the Kennisis area last Spring. Bell advises that their application to UBF is still outstanding but they remain optimistic and are working on design plans in the hope that federal funding does become available.

Replacement of the failing existing copper service around the lake (and specifically on Watts Rd) will be dependent on the outcome of the UBF application. Once Bell knows whether UBF funding to install fibre is available, they will determine whether the fibre overlay will proceed (or if UBF funding is not available for fibre, they will be obliged to replace the copper service).

The Eastern Ontario Regional Network Cell Gap Project was launched in 2021 It is a \$300 million multi-year project, with Rogers as the winning bidder, to improve cell phone coverage across Eastern Ontario, including improving equipment on more than 300 existing towers and adding 300 additional towers. We have not yet received information on what improvements have been made and/or are in the plans for the Kennisis area. Stay tuned!

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# The Facts About Chimney Fires

Your chimney—and the flue that lines it—adds architectural interest to your home, but its' real function is to carry dangerous flue gases from your fireplace, wood stove or furnace safely out of your home. A chimney helps your household air stay breathable... just as your windows and your bathroom, attic and kitchen vents do. Unlike those other exhaust points in your home, however, fireplace and wood stove chimneys need a special kind of care.



As you snuggle in front of a cozy fire or bask in the warmth of your wood stove, you are taking part in a ritual of comfort and enjoyment handed down through the centuries. The last thing you are likely to be thinking about is the condition of your chimney. However, if you don't give some thought to it before you light those winter fires, your enjoyment may be very short-lived. Why? Dirty chimneys can cause chimney fires, which damage structures, destroy homes and injure or kill people.

A chimney fire in action can be impressive! Indications of a chimney fire have been described as creating a loud cracking and popping noise, a lot of dense smoke, and an intense, hot smell or chimney fires can burn explosively – noisy and dramatic enough to be detected by neighbors or people passing by. Flames or dense smoke may shoot from the top of the chimney. Homeowners report being startled by a low rumbling sound that reminds them of a freight train or a low flying airplane. However, those are only the chimney fires you know about.

Slow-burning chimney fires don't get enough air or have fuel to be dramatic or visible and they often go undetected until a later chimney inspection, but, the temperatures they reach are very high and can cause as much damage to the chimney structure and nearby combustible parts of the house.

Chimneys have the job of expelling the by-products of combustion – the substances produced when wood burns which include smoke, water vapor, gases, unburned wood particles, hydrocarbon, tar fog and assorted minerals. As these substances exit the fireplace or wood stove, and flow up into the relatively cooler chimney, condensation occurs. The resulting residue that sticks to the inner walls of the chimney is called creosote.

Creosote is highly combustible. If it builds up in sufficient quantities – and the internal flue temperature is high enough – the result could be a chimney fire. Restricted air supply, unseasoned wood and cooler than normal chimney temperatures are all factors that can accelerate the build-up of creosote on chimney flue walls. Closing the glass doors and failing to open the damper wide enough results in the lack of sufficient make-up air to move heated smoke up the chimney rapidly (the longer the smoke's "residence time" in the flue, the more likely is it that creosote will form). A wood stove's air supply can be limited by closing down the stove damper or air inlets too soon or too much. Burning unseasoned wood – because so much energy is used initially just to drive off the water trapped in the cells of the logs– keeps the resulting smoke cooler, than if seasoned wood is used. In the case of wood stoves, overloading the firebox with wood in an attempt to get a longer burn time also contributes to creosote build-up.

Clean chimneys don't catch fire. Make sure a CSIA Certified Chimney Sweep inspects your solid fuel venting system annually, and cleans and repairs it whenever needed. Your sweep may have other maintenance recommendations depending on how you use your fireplace or stove.

CSIA recommends that you call on CSIA Certified Chimney Sweeps, since they are regularly tested on their understanding of the complexities of chimney and venting systems.

# **KENNISIS COTTAGE RENTALS**



Contact Lea Harper for an on-site evaluation of your rental potential. 705 754-4678 or www.kennisiscottagerentals.com

Kennisis Cottage Rentals handle a wide spectrum of lakefront accommodations in Haliburton County. We have been matching guests with just the right cottage since 2006. We know what vacationers want, and as fellow cottagers, we understand your pride of ownership and attachment to the lake.

A permanent resident of Kennisis Lake for 20 years, and seasonal resident for 50, owner/manager Lea Harper specializes in Kennisis and Redstone Lake cottages.

And it's hassle-free income' Kennisis Cottage Rentals handle everything from the ground up the cost of marketing, the careful screening of applicants, bookings, contracts and the processing of rental payments.

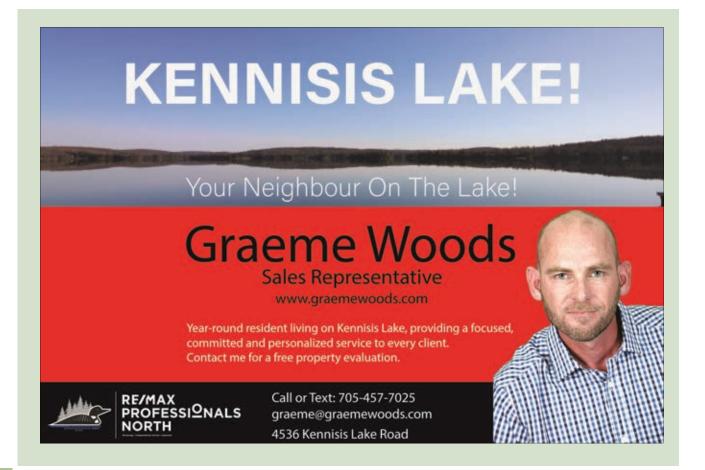
Kennisis Cottage Rentals Inc. is a trusted member of the Travel Industry Council of Ontario (Tico)

1017 Labyrinth Lane, Haliburton, ON KOM 1 SO

info@kennisiscottagerentals.com

www.kennisiscottagerentals.com

705 754 4678



# **Preventing Blue-Green Algal Bloom**

One key factor affecting the growth rate of blue-green algal bloom is the level of phosphorus and nitrogen in the water. Any fertilizer runoff, or faulty septic systems can all contribute to increased levels of these nutrients.

The best ways to prevent the spread of blue-green algae is to prevent additional nutrients from entering lakes and other bodies of water. You can do this by:

- Use phosphate-free laundry and dishwasher detergents.
- Do not use fertilizers on shoreline properties.
- Reduce surface runoff by maintaining a naturalized shoreline on waterfront properties.
- Ensure septic systems work properly by pumping and inspecting regularly and checking that the systems do not leak into the nearby water courses.



# Blue-Green Algae: Get to Know Its True Colours

Blue-green algae occurs naturally in area lakes and rivers but it does have potential health risks for people and animals. Learn how to identify it so you can protect yourself and your family.



- water appears cloudy
- should not swim or allow children to play in water
- no health effects at this stage



Algae may be in balls or flakes in the water, like a pea purée

- do not swim or allow children to play in water
- do not use the water for drinking, cooking, rinsing foods, or washing dishes
- do not let pets or livestock drink



This is a dense bloom and may resemble a paint spill or scum on the water

- do not swim or allow children to play in water
- do not use the water for drinking, cooking, rinsing foods, or washing dishes
- do not let pets or livestock drink

WARNING: Do not boil the water as it causes more toxins to be released into the water.



Blue-green algae are naturally occurring and found in oceans as well as fresh water lakes, bays and inlets around the world. Unfortunately, reports of blue-green algae in Central Ontario waterways are becoming more common so it is important to know how blue-green algae can affect your health. Know the facts and reduce your risk.

# History of Blue-Green Algae

Scientifically known as *cyanobacteria*, blue-green algae are primitive microscopic organisms that have inhabited the earth for over two billion years.

Normally blue-green algae are barely visible, but during warm weather the algae can rapidly increase to form a large mass called a bloom. Algal bloom usually occur in the hot summer months and early fall and tend to occur repeatedly in the same water bodies. Dense blue-green algal bloom can make the water look like a bluish-green pea soup, or a shiny paint slick. Fresh blue-green algal bloom often smell like fresh cut grass, while older bloom can stink like rotten garbage.

# Blue Green Algae Blooms

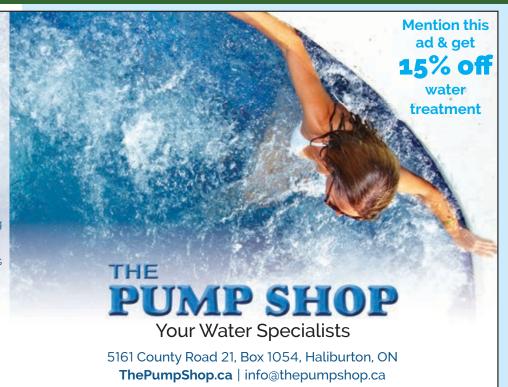
	Category I	Category 2	Category 3			
Appearance	The water appears cloudy, but you can still see through it  Particle density can vary greatly in the water column	The water colour appears changed  Algae may be in clusters or balls or flakes in the water, like a pea purée	This is a dense bloom; it may resemble a paint spill and the surface of the water may form a scum Algae is easily swept by the wind and deposited near the shore			
Swimming Precautions	It is unsafe to swim or to allow children to play in water with any dense algal bloom if you cannot see into the water. Wait until the bloom has subsided and the water is clear.	Do not swim in a Category 2 or 3 algal bloom, or any bloom which obscures your view into the water. Even if it is not blue-green algae, it is unsafe to swim or to allow children to play in any dense algal bloom, since you cannot see into the water. Wait 24 hours after the bloom has disappeared and the water is clear.				
Swimming	Health effects are not expected at this stage.	Individuals may develop mild symptoms of skin rash or eye irritation	Individuals may develop mild symptoms of skin rash or eye irritation			
Drinking Water Precautions	Health effects are not expected at this stage.	<ul> <li>Do not use the water from a Category 2 or 3 bloom for drinking, cooking, rinsing fruits or vegetables, washing dishes, or other consumption.</li> <li>Do not eat organs of fish caught in an area with blue-green algae.</li> <li>Do not boil the water as it kills the algae resulting in the release of more toxins in the water.</li> <li>Do not let pets or livestock drink the water.</li> <li>Be observant of when the water has cleared. If you treat surface water for cooking or consumption, wait at least a week after the bloom has subsided before resuming normal use of the treated water. The toxin is naturally reduced by dilution, degradation by other bacteria in the water, and sunlight.</li> </ul>				
Drin	Assess your water supply if you are in an area where there are frequent algal bloom. Since there is no confirmed domestic water treatment available yet*, consider alternate source of potable water such as a drilled well, a dug well far from shore or water holding tank filled with water from a licensed water treatment plant.					

- \* Treatment systems based on the following technologies can reduce cyanobacteria toxin levels, but have not been proven to consistently achieve adequate reduction under all conditions:
  - I micron filter, cleaned or replaced frequently, for removal of cyanobacteria cells PLUS
  - · reverse osmosis, distillation, ozonation, chlorination, and/or activated carbon to reduce toxin levels

Note: UV lights or water softeners are not effective at removing either Cyanobacteria or cyanotoxins



- Winter Water
   Systems
- · Well Systems
- Waste Water
   Systems
- Viqua UV Systems
- Heat Cables
- Hot Water Tanks
- Cottage Winterizing & Spring Opening
- Free Water Analysis
- Free Estimates
- Hot Tub Water Care Service
- Beachcomber Hot Tubs
- Marquis Spas



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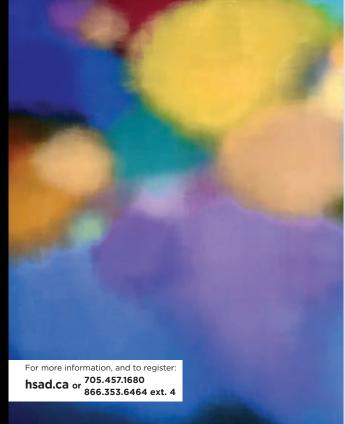


# Plan Your Creative Escape

This year's summer program features approximately 230 courses, including more than 50 new classes to explore: Abstraction & Alchemy, Painting with Egg Tempera, Bonsai Designs, Paper Collage, Weaving Heirloom Blanket, Axe Making, Spinner Rings, Glass Flamework – Sculpture, Digital Art with Phones & Tablets, Stash Rugs, and many quilting options.

Art: Anda Kubis, Director, Haliburton School of Art + Design

Bay, 7:45pm - Oil on canyas



# Water Safety and Your Child near the Water

# **Safety Reminders:**

**Babies** who can't sit without support and are too young to wear a portable flotation device (PFD) should be held by an adult at all times.

**Toddlers** should always be within arm's reach of an adult when they are in or around water. This includes pools, hot tubs, bathtubs, beaches, and other water sources.

**All children** should be supervised by an adult when they are in or around water and should never be left alone in a pool or bathtub, even for a moment.

The Lifesaving Society recommends a supervision ratio of at least 1 adult for every 2 young children, and 1 adult for every baby.



# RED CROSS SWIMMING PROGRAM UPDATE

The Canadian Red Cross is winding down its swim and lifeguard programming to direct more attention to surging humanitarian demands in other areas – such as disaster and pandemic response, opioid harm reduction and caregiving for seniors.

Red Cross is encouraging its water safety training partners to transition to the swim and lifeguarding programs of the Lifesaving Society Canada. It is important that all current lifeguards and instructors follow the Red Cross instructions for transitioning their credentials over.

As well, new insurance policy requirements are that a KLCOA swim instructor can no longer be on a contract but must instead be an actual employee of the organization. The KLCOA is not set up to have employees. Swimming lessons are a long standing tradition at the lake and an obvious requirement for safe lake life. We are currently researching all options available to us and will let members know the outcome soon.





Helpful Tips

# WANT TO KNOW MORE ABOUT THE HEALTHY SHORE?

GETTING APPROVALS for a shore project: Whether you're replacing a dock or restoring a shoreline, you want to be sure your project suits your waterfront's needs (and doesn't go against the Fisheries Act!). That means giving the authorities a plan of your grand scheme. Start with the Conservation Authority or Parks Canada; they'll tell you if you need a permit or more input from the Ministry of Natural Resources or Fisheries and Oceans Canada. (For more info on the approvals process, check out The Shore Primer or The Dock Primer, listed below.)

#### HELPFUL CONTACTS

#### www.fish-habitat.com

for quick access to Fisheries and Oceans Canada, Parks Canada, Conservation Ontario, and the Ontario Ministry of Natural Resources.

Fisheries and Oceans Canada Ontario - Great Lakes Area Fish Habitat Management Program 867 Lakeshore Rd. Burlington ON L7R 4A6 Tel: (905) 336-6424 Fax: (905) 336-6285 www.dfo-mpo.gc.ca/canwaters-eauxcan (You can find Fisheries and Oceans Canada publications on this website.

#### Conservation Ontario 120 Bayview Pkwy., Box 11

Just click on the "Infocentre" link.)

Newmarket ON L3Y 4W3 Tel: (905) 895-0716 Fax: (905) 895-0751 Website: www.conservation-ontario.on.ca (You can find contact info for Ontario's 36 Conservation Authorities on this website. Just click on the "Corporate Profile" link.)

The Living By Water Project 5524 Dickinson St., Box 599 Manotick ON K4M 1A5 Tel: (613) 692-3571, ext. 122 Fax: (613) 692-2806 Email: shorelines@lrconline.com Website: www.livingbywater.ca

Federation of Ontario Cottagers' Associations (FOCA) 156 Duncan Mill Rd., Ste. 18 Toronto ON M3B 3N2 Tel: (416) 429-0444 Fax: (416) 429-4944 Email: info@foca.on.ca Website: www.foca.on.ca

#### Parks Canada – Ontario

111 Water St. E.

Cornwall ON K6H 6S3 Toll-free: 1-800-839-8221 Fax: (613) 937-1331 Fmail: information@pc.gc.ca Website: www.parkscanada.gc.ca

Ontario Ministry of Natural Resources Lands and Water Section 300 Water St., Box 7000 Peterborough ON K9J 8M5 Tel: (705) 755-2000 Fax: (705) 755-1677 Email: mnr.nric@mnr.gov.on.ca Website: www.mnr.gov.on.ca (You can find a copy of the 2003 Ontario Ministry of Natural Resources fishing

# FURTHER READING

regulations on this website, Just click

on the "Fish and Wildlife" link.)



The Shore Primer, by Ray Ford. Produced by Cottage Life and Fisheries and Oceans Canada.



The Dock Primer, by Max Burns. Produced by Cottage Life and Fisheries and Oceans Canada.

Order free copies of The Shore Primer and The Dock Primer from: Fisheries and Oceans Canada (see "Helpful Contacts"). Both primers are also posted on www.cottagelife.com and www.fish-habitat.com.

On the Living Edge: Your Handbook for Waterfront Living, by The Living By Water Project, Produced by Conservation Ontario and the Rideau Valley Conservation Authority. Order from: The Living By Water Project (see "Helpful Contacts").

Keeping Your Lake Great (annual lake stewardship newsletter), by the Federation of Ontario Cottagers' Associations. Order from: FOCA (see "Helpful Contacts").

#### SHORELINE LINGO

**BUFFER ZONE**: a replication of nature's riparian zone (see below) by conscientious cottagers, using native plant species. The wider the buffer, the better for your lake.

LITTORAL ZONE: the thriving strip of water closest to shore, where up to 90 per cent of lake species either lives or passes through.

#### NATIVE PLANT SPECIES:

vegetation indigenous to your cottage area. Born of local soil and climate, they're hardier, managing without pesticides and fertilizers.

PHOSPHORUS: a "nutrient" occurring in nature, but also in human products, such as fecal matter and fertilizers. Too much phosphorus in runoff force-feeds algae and disrupts the aquatic balance.

RIPARIAN ZONE: the thriving strip of trees, shrubs, and plants at the water's edge. It acts as a "buffer," purifying runoff and securing soil, and provides shelter for shoreline wildlife.





Fisheries and Oceans Canada

Pêches et Océans



(FOCA) Federation of Ontario Cottagers' Associations





# Find Native Plants/Shrubs/Trees on the www.foca.ca Website

This FOCA site offers a search tool with a plant database that prompts the user to select filters for your individual location such as your eco zone (Haliburton is 5a), your province, the plant type, the moisture level, the sunlight exposure, and the soil conditions.

When the filters are selected, a wide variety of plants that meet your conditions appear. By clicking on the title of the plant, more information is provided along with an option to keep your plant choice on a list for future reference.

This is a terrific resource for anyone wanting to improve the plant life on their property as well as protect your property from soil erosion.

# For example:

#### **Moisture level:**

- Dry
- Normal
- Moist

# **Light conditions:**

- Full sun
- Partial sun

# Soil type:

- Sandy
- Loamy
- Rocky

# Plant type:

Shrub

# Height:

• 3-10 m

#### Spread:

• 3 m

The
Allegheny
Serviceberry



The flowers are showy, fragrant, have 5 petals, appear in drooping clusters, and bloom in April before the leaves emerge. The flowers produce small reddish purple to black berries, which are edible and flavourful to humans. The fruit is beneficial to wildlife species, including birds and small mammals. The root system is valuable for controlling erosion and stabilizing loose soil. This plant is often used for ornamental purposes as a small tree in urban areas.

# **Highbush Blueberry**

Found by using the filters and interactive tool on the <a href="www.foca.ca">www.foca.ca</a> website.



# **Moisture level:**

- Normal
- Moist
- Wet
- Flood Tolerant Light conditions:
- Full sun
- Partial sun Soil type:
- Sandy
- Loamy
- Humus
- Rocky Height:
- 3 m Spread:
- 3 m

Highbush Blueberry is a deciduous shrub species that can grow about 3 m in height. The leaves are alternately arranged, elliptical shaped, dark green coloured, and have entire margins. The flowers are urn or bell shaped, white to light pink coloured, appear in drooping clusters, and bloom between May and June. The fruit are small, blueish black coloured berries, and ripen between July and August. The flowers are beneficial to pollinator species, like bees and butterflies. The fruits are also beneficial to wildlife species, like birds and small mammals. Highbush Blueberry produces attractive fall colours and the berries are edible to humans. This shrub spreads well and can be used to naturalize un-vegetated areas.

Helpful Tips

**GOUTWEED** is native to Eurasia but can now be found in gardens throughout North America.

Also referred to as Bishop's weed and snow on the mountain, this perennial groundcover tolerates a wide range of soil conditions. It is highly shade-tolerant and competitive once established, reproducing by seed and spreading by underground stems called rhizomes. It is most commonly found around shrubs in old gardens.

Plants grow about 30 cm high with green leaves that are divided into three leaflets. Some cultivars have variegated leaflets that are green near the centre but whitish around their margins. Umbrellalike white flowers appear in mid-summer.



Garden use: groundcover for shade/partial light

**Growing conditions:** tolerant of wide light range, and dry to moist soils

Size and shape: 50 – 100 cm; forms large carpets

Flower and fruit: delicate flowers in white, violet or lavender; many flowers per plant

Leaves: heart-shaped large basal leaves (5 – 15 cm), with oval/ lance-shaped gradually becoming smaller as they ascend the stem

Additional info: this aster is widespread in Ontario woodlands and edge habitats, and one of the first asters to bloom



Taken from Grow Me Instead, www.ontarioinvasiveplants.ca

# Create Your Own Floating Wetlands to Keep Your Fresh Water Clean and Healthy

# Why do we need floating treatment wetlands?

Freshwater lakes around the world, from Haliburton County to Hungary to Honduras, (especially shallow lakes) are in trouble.

Everything from waste treatment to agriculture cause nutrients, contaminants, petroleum products, and organic materials to run off into freshwater lakes around the world.

All is not lost! We can harness the natural ability of plants and microbes to absorb nutrients (like phosphorus and nitrogen—which can be harmful in excess) and break down contaminants through biological processes known as bioremediation.

# The Magic of Wetlands

The use of wetlands—like marshes and swamps—for bioremediation to capture and remove contaminants and nutrients is widely practiced around the world.

Wetlands rely on natural processes to filter water as it passes through shallow areas of dense aquatic vegetation and permeable bottom soils. Aquatic plants remove these contaminants and nutrients from the sediment and water column into their plant material.

# So, what are floating treatment wetlands?

Floating treatment wetlands (FTWs) or islands are small artificial platforms that allow these aquatic emergent plants to grow in water that is typically too deep for them. Their roots spread through the floating islands and down into the water creating dense columns of roots with lots of surface area.

Not only do the plants take up nutrients and contaminants themselves, the plant roots and floating island material provide extensive surface area for microbes to grow—forming a layer of biofilm where the majority of nutrient uptake happens.

The unique ecosystem that develops creates the potential to capture nutrients and transform common pollutants that would otherwise plaque and harm our lakes into harmless by-products.

# And do they work?

Some of our results have been staggering!

When we placed a series of FTWs in two lakes at IISD Experimental Lakes Area in northwestern Ontario, we intentionally selected one lake that was high in phosphorus (Lake 227) and one that had normal levels (Lake 114).

We found that the cattail plants in Lake 227 had eight times the productivity and five times the number of roots than those left in Lake 114, and four times the amount of phosphorus.

Those results speak for themselves!

# What can I do?

There are several commercially available FTW products out there that can be purchased to install in your backyard pond or lake.

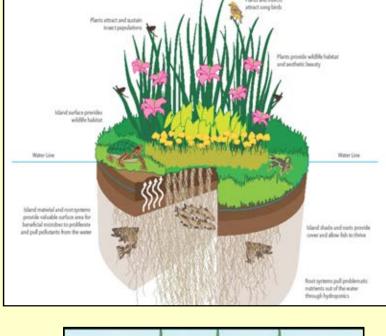
On a budget, you can also search the internet and find all kinds of DIY methods to create your own floating wetland island out of everything from plastic bottles, pool noodles, and floating bread trays. Anything that will allow the plants and microorganisms to float and grow. In this short video, we show how we make our FTWs.

Get creative and let us know what you come up with!

Be sure to visit <u>www.iisd.org/ela</u> to learn more about IISD Experimental Lakes Area. You can also sign up for free emails from the IISD Experimental Lakes Area.











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# Hydro One Reminds Us of the Need to be Prepared for Severe **Weather Events**

\*Ontario has a robust and reliable electricity system, but it's occasionally at the mercy of the Canadian climate. In the winter, heavy snow or ice storms can cause power lines to break such as the one in December, with extreme wind gusts over 100km/h causing power outages to over half a million customers. In the summer and fall, fierce winds, rain, and lightning can cause extensive tree damage that leads to power outages. At other times, and even in sunny weather, traffic collisions or animal contact with electrical equipment can cause outages on our system."

When the electricity goes out, we have a six-step recovery plan in place to restore power to our customers as quickly and safely as possible: 1) notification from customers, 2) respond to 911 emergency calls, 3) prioritize from greatest number to smallest number affected, 4) mobilize and deploy crews, 5)communicate estimated time of restoration and 6) finish the job."

www.hydroone.com

# Be Ready: Information About Outages and Steps to Take Before, During and After An Outage

# Before an outage

# **OUTAGE CHECKLIST**

At home, you can create a 72-hour emergency preparedness kit with the following supplies:

Windup or battery powered flashlight

Windup or battery powered radio

Portable external battery charger for smart devices

Water (2 litres per person per day)

Canned or dried food that won't spoil

Manual can opener

Batteries for your flashlight and radio

Cash

**Blankets** 

Candles and matches

A paper list of emergency numbers and important contacts

First aid kit

Any other medical items and prescriptions you require

Download the Hydro One app (iOS or Android) to track and receive notification to keep you up to date

# **During an outage**

Keep track of the service interruptions on the Web, through your mobile device or listen to your battery-powered radio, if the outage seems widespread. That's why it's so important to have a battery-powered radio in your emergency kit.

(Continued on page 26)



# ART

# ON THE

Saturday, July 16<sup>th</sup> · 10am – 4pm



**NEW 2022: Kate Cicurskis** 



RETURNING ARTIST: Lea Bartlett

RETURNING ARTIST:

NEW 2022: Nicole Bezdikian



RETURNING ARTIST: Shirley Turchet





RETURNING ARTIST: Kareen Hague



RETURNING ARTIST: Carolyn Jones



NEW 2022: Julia Veenstra



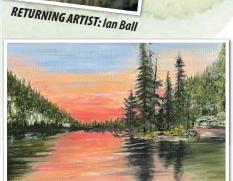
**RETURNING ARTIST:** 

Marleen Campbell

RETURNING ARTIST: Louise Scott-Bushell



**RETURNING ARTIST:**Brian Kalanda



RETURNING ARTIST: Jeanette Kling



RETURNING ARTIST: Darren Poncelet

# 8<sup>th</sup> Annual

Sunday, July 17th · 10am – 3pm



RETURNING ARTIST: Marg Pereira

NEW 2022:

June Maresca





**RETURNING ARTIST: Lynda Henry** 

RETURNING ARTIST: John Middleton



**RETURNING ARTIST:** Sara McDonald



RETURNING ARTIST: Joyce Sumara



**RETURNING ARTIST:** Linda Harris



**NEW 2022: Nina Waddington** 



**RETURNING ARTIST: Phyllis Walton** 





**RETURNING ARTIST:** Jeanne Withers

**RETURNING ARTIST:** George Hammond

**NEW 2022:** Stéphanie Gibbs



RETURNING ARTIST: David Kerr



**RETURNING ARTIST:** Savannah Tomev

# Be careful

• Call **1-800-434-1235** to report the outage immediately so that we can act as soon as possible.

• If it has already been reported, our system will tell you what we know about the situation.

# Unplug devices

To avoid damage when service is restored, unplug computers, TVs, DVD players, cell phone chargers and any other electronic devices that may generate heat - except for the refrigerator and freezer.

# Getting organized safely

If you're planning to use fuel-burning heaters, lights, generators or portable stoves designed for outdoor use, you should know that they can cause asphyxiation or poisoning if used inside, because they have no exhaust system to evacuate carbon monoxide.

We recommend that you do not use this equipment indoors.

# After an outage

- If you notice any damage to your electrical installations, make sure to have them inspected by a master electrician.
- Gradually turn electrical appliances back on, including heating appliances (e.g., baseboard heaters).
- Wait until the temperature and humidity have returned to normal before turning electronic devices back on (TVs, stereo, computers, microwave oven, etc.)
- Once the power is back on, see whether your electrical installation has been damaged. If you see sparks or broken or frayed wires, notice a smell or feel heat, turn off the power at the distribution panel (circuit breaker or fuse panel). Call a master electrician for advice, if necessary.
- Don't walk through water to get to the distribution panel (circuit breaker or fuse panel).
- Check the food left in the refrigerator and freezer during your absence and throw out any that has spoiled.
- Restock your emergency kit and provisions.



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As many survey respondents told us: you like to walk and enjoy time at the dock. Both of these activities involve the use of our feet and some trips to the dock can challenge our balance or cause falls. To avoid falls, McMaster University Optimal Aging Portal (info@mcmasteroptimalaging.org) offers not-for-profit organizations researched information for educational purposes.

# Our Feet: What the Research Tells Us

"A recent systematic review looked at the effects that intrinsic foot muscle strengthening exercises (aka foot and ankle strengthening exercises) had on functional mobility in adults 65 years of age and older who were independent, generally healthy, and living in the community. Intrinsic foot muscle strengthening programs included exercises such as gripping small objects with the toes, wearing cushioned footwear, heel lifts, calf raises, and ankle exercises. Some studies also included other simultaneous strategies like shoe inserts and education. The review found that intrinsic foot muscle strengthening programs may improve toe strength, balance, and certain aspects of functional mobility. The good news continues on with the finding that these programs may even reduce the risk of falls. Unfortunately, fear of falling was not improved. Intrinsic foot muscle strengthening can often be done from the comfort of your own home with minimal assistance. Speak with your health care team about whether these types of targeted foot exercises are right for you and how to execute them safely on your own or with supervision from a caregiver or professional." There are many ankle and foot exercises available on the internet or from professionals. Here are just a few self explanatory suggestions to get started. Find and add new exercises when you feel ready.









# **Landfill Hours**

# Starting March 1, 2022

To use Dysart's Landfills:

- · Ratepayers must present a valid Dysart landfill identification user card.
- Short-term renters must purchase a one-time landfill pass.

	Haliburton Landfill		Kennisis Lake Landfill	West Bay Landfill	West Guilford Landfill 11903 Hwy 118, West Guilford	
222 Industri Park Road, Haliburton		1123 Packard Road, Harcourt	4531 Kennisis Lake Road, Haliburton	5409 Haliburton Lake Road, Fort Irwin		
	SUN	IMER HOURS (Ma	y 1 to Septembe	r 30)		
Monday	Closed	9 to 1	Closed	Closed	8 to 5	
Tuesday	Closed	9 to 1	Closed	Closed	8 to 5	
Wednesday	8 to 5	Closed	10 to 5	10 to 5	Closed	
Thursday	8 to 5	Closed	10 to 5	Closed	Closed	
Friday	8 to 5	8 to 5	10 to 5	Closed	8 to 5	
Saturday	8 to 5	10 to 5	10 to 5	10 to 5	8 to 5	
Sunday	11 to 7	11 to 7	11 to 7	11 to 7	11 to 7	
Holiday Monday	11 to 7	11 to 7	11 to 7	11 to 7	11 to 7	
and the second	WI	NTER HOURS (O	ctober 1 to April	30)		
Monday	Closed	Closed	Closed	Closed	8 to 5	
Tuesday	Closed	9 to 2	9 to 2	9 to 2	8 to 5	
Wednesday	8 to 5	Closed	Closed	Closed	Closed	
Thursday	8 to 5	9 to 2	9 to 2	9 to 2	Closed	
Friday	8 to 5	Closed	Closed	Closed	8 to 5	
Saturday	8 to 5	Closed	Closed	Closed	8 to 5	
Sunday	10 to 5	12 to 5	12 to 5	12 to 5	10 to 5	
Holiday Monday	10 to 5	12 to 5	12 to 5	12 to 5	10 to 5	

# **Holidays**

New Year's Day (January 1)	All Landfills closed
Family Day	All Landfills open with winter Holiday Monday hours
Good Friday	Any Waste Disposal Site scheduled to open does so with regular winter Friday hours
Easter Sunday	All Landfills open with winter Holiday Monday hours
Easter Monday	Any Waste Disposal Site scheduled to open does so with regular winter Monday hours
Victoria Day	All Landfills open with summer Holiday Monday hours
Canada Day (July 1)	Any Waste Disposal Site scheduled to open does so with regular summer hours, UNLESS July 1 is on a Monday when all Landfills open with summer Holiday Monday hours
Civic Holiday (August)	All Landfills open with summer Holiday Monday hours
Labour Day	All Landfills open with summer Holiday Monday hours
Thanksgiving	All Landfills open with winter Holiday Monday hours
Remembrance Day (November 11)	Any Landfill scheduled to open does so with regular winter hours
Christmas Eve (December 24)	Any Landfill scheduled to open closes at 12:30 p.m.
Christmas Day (December 25)	All Landfills closed
Boxing Day (December 26)	All Landfills open with winter Holiday Monday hours
New Year's Eve (December 31)	Any Landfill scheduled to open closes at 12:30 p.m.











Page 30 Kennisis Breeze

March 2022

# **Waste Management Guide**

# **Using Dysart's Waste Disposal Sites**



Ratepayers must present a valid Dysart landfill identification user card,



Please tell the landfill attendant what you are dropping off.

Ratepayers may drop off:



• Up to three (3) bags of garbage in clear bags



· Unlimited Recycling sorted into Containers and Papers



There are fees to drop off some materials. See following pages for more information.

# Recycling for Containers

Rinse all containers and ensure they are clean of liquids or food







Plastic bottles, tubs, containers (caps can be left on)

Metal beverage cans, metal food cans

Aluminum foil and trays



Cartons



Glass bottles





canisters







Plastic shopping bags (clean, dry, empty)

# Recycling for Papers





Newspapers

















Envelopes (includes ones with windows)

Toilet paper rolls, Paper towel rolls

Corrugated cardboard (flatten)

Paper beverage cups (lids go in Recycling for Containers)

Brown paper bags

Paper egg cartons, paper take-out trays

Garbage

Must be placed in clear garbage bags















Plastic Ziploc bags, other plastic film & bags

Plastic food Cookie, chip, bar, pouches snack bags and

wrappers

plastic cutlery



Disposable gloves, masks, sanitizing wipes

Food waste (consider composting)







Broken ceramics



(not fluorescent)





Diapers (consider cloth reusable)



Cotton balls, pads, swabs



down sink)



















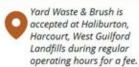
Garden trimmings



Sticks, twigs



Branches



NO PLASTIC BAGS!



Household batteries



Propane cylinders (empty only)



Propane tanks (empty only)





Used oil and antifreeze containers (empty only, 30 litres or less)



"Special Waste" is accepted at Haliburton, Harcourt, Kennisis Lake, West Bay, West Guilford Landfills during regular operating







Tires

(any size, on or off rim, maximum of 10 tires





Tires are accepted at Haliburton, Harcourt Landfills during regular operating hours.

Visit www.rpra.ca/programs/tires/collectionsites to find other locations that accept tires for recycling.

# **Electronic Waste**





Display devices (televisions, monitors, etc.)



Desktop computers



Portable computers



Computer peripherals (keyboards, mice, etc.)



Desktop printers



Cellular devices



Non-cellular telephones



Home audio/video systems (VCRs, DVD players, CD players, speakers, amplifiers, etc.)



Personal audio/ video systems



Vehicle audio/video systems (aftermarket)



Floor standing photocopies



Home theatre systems



Electronic Waste is accepted at Haliburton Landfill during regular operating hours.

# Scrap Metal



Ovens. Stoves



Barbeques (no propane tanks, no coals)



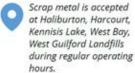
Hot water Empty metal tanks paint cans (lids removed) (empty)



Metal sinks



Scrap metal (no propane, oil, fuel)





Fridges





Water Conditioners Coolers



Dehumidifiers

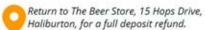


Appliances containing CFCs are accepted for a fee at Haliburton, Harcourt Landfills during regular operating hours.

# Wine, Beer and Spirit Containers



glass bottles, plastic bottles, Tetra Pak containers, bag-in-box, aluminum and steel containers



Visit www.thebeerstore.ca/locations for additional

# **Printer Toner and Ink Jet Cartridges**



Printer toner



Visit www.everycartridge.com/canada to learn about the take-back options available from printer manufacturers.

# Sharps and Medications

Never place in your recycling or garbage









Prescription drugs

Over-the-counter medications

products



Must be in an approved bio-medical waste container



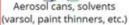
Most pharmacies accept sharps and medications for safe disposal.

Visit www.healthsteward.ca for drop-off locations.

# Household Hazardous Waste

Never place in your recycling or garbage







fluids



Auto batteries



Cleaners (bleach, oven



Finishing products (varnish, glue, etc.)













Used motor oil







Paint (latex and oil)



Pesticides, herbicides, insecticides



Propane tanks, Propane cylinders



Pool chemicals



Household Hazardous Waste is accepted only at Household Hazardous Waste Days held throughout the year.

Due to provincial regulations, these events are for residents only. Hazardous waste is NOT accepted from businesses and organizations, including builders, camps, charities, contractors, painting companies, places of worship, restaurants, retailers, schools, etc.

Visit www.dysartetal.ca/hhw for upcoming events.

# Composting

Composting is a simple way to reduce the amount of waste you dispose of.

Dysart sells Composters and Digesters at the Haliburton Landfill during regular operating hours.

Composters use air, moisture and the layering of different materials to aid decomposition. Composters create nutrient rich soil (humus) which can be used on gardens and lawns. (\$39 flat fee)

Digesters are an enclosed system that breaks down organic waste without air. No humus is produced. Because Digesters produce fewer odours, Digesters are more bear-resistant. (\$83 flat fee)



Page 33 Kennisis Breeze









# **Household Hazardous Waste Days 2022**

New for 2022! Any resident of the County of Haliburton can attend any of these Household Hazardous Waste Days!

You must show your valid Algonquin Highlands or Dysart et al or Highlands East or Minden Hills landfill card. Remain inside your vehicle at the hazardous waste drop off: event staff will unload your household hazardous waste for you. Make your household hazardous waste easily accessible: keep it separate from other wastes or items in your vehicle. Assess your health before attending: if you are feeling sick, do not attend.

Attending an event outside your regular municipality? Only your household hazardous waste will be accepted (no other wastes). Events at the S.G Nesbitt Arena can only accept household hazardous waste (no other wastes).

Date	Time	Location	Address
Saturday, May 14, 2022	10 a.m. to 2 p.m.	Tory Hill Landfill	19178 Hwy 118, Tory Hill
Saturday, May 21, 2022	1 p.m. to 5 p.m.	Maple Lake Landfill	1302 McPhail Road, Algonquin Highlands
Saturday, May 28, 2022	8 a.m. to 2 p.m.	S.G. Nesbitt Arena	55 Parkside Street, Minden
Friday, June 24, 2022	9 a.m. to 3 p.m.	S.G. Nesbitt Arena	55 Parkside Street, Minden
Saturday, June 25, 2022	7:30 a.m. to 11:30 a.m.	S.G. Nesbitt Arena	55 Parkside Street, Minden
Saturday, June 25, 2022	1 p.m. to 5 p.m.	Dorset Transfer Station	1087 Maple Ridge Drive, Dorset
Saturday, July 9, 2022	9 a.m. to 3 p.m.	Haliburton Landfill	222 Industrial Park Road, Haliburton
Saturday, August 6, 2022	1 p.m. to 5 p.m.	Oxtongue Lake Landfill	3401 Hwy 60, Oxtongue
Saturday, August 20, 2022	10 a.m. to 2 p.m.	Harcourt Landfill	1123 Packard Road, Harcourt
Saturday, September 10, 2022	7:30 a.m. to 11:30 a.m.	S.G. Nesbitt Arena	55 Parkside Street, Minden
Saturday, September 10, 2022	1 p.m. to 5 p.m.	Dorset Transfer Station	1087 Maple Ridge Drive, Dorset
Saturday, September 17, 2022	9 a.m. to 3 p.m.	West Guilford Landfill	11903 Hwy 118, West Guilford
Saturday, October 8, 2022	1 p.m. to 5 p.m.	Maple Lake Landfill	1302 McPhail Road, Algonquin Highlands
Saturday, October 15, 2022	7:30 a.m. to 11:30 a.m.	S.G. Nesbitt Arena	55 Parkside Street, Minden



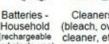














Accepted ⊕ ® ♥ ⑩











Aerosol cans (full or partially full)

















Fluorescent tubes







Motor oil (must be capped)



Oil filters



(latex and oil, partially full)



Pesticides, fungicides, herbicides insecticides



Pool Propane chemicals cylinders



Propane tanks



Solvents (varsol, paint thinners. etc.)

#### Sort It Out!

- . Empty aerosol cans: AH: HHW / Dys, HE, MH: Recycling Containers
- . Empty metal paint cans go in scrap metal (remove lids)
- . Empty plastic paint cans: AH: construction / Dys, HE, MH: Recycling . Used paint brushes, rollers, paint trays go in regular garbage
- . Incandescent and LED light bulbs go in regular garbage . Smoke detectors go in regular garbage
- · Return needles/syringes and medications to your pharmacy

# Not accepted

PCBs Radioactives Pathological waste

Due to provincial regulations, events are for County of Hallburton residents only. Hazardous waste is NOT accepted from businesses and organizations, including builders, camps, charities, contractors, painting companies, places of worship, restaurants, retailers, schools, etc. Businesses and organizations need to arrange private haulage and processing of hazardous waste.



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Worm & Germs Blog

# Lyme Disease & Ticks

For Pet Owners

# What is Lyme Disease?

Lyme disease is a bacterial infection, caused by Borrelia burgdorferi, that can develop when an animal or person is bitten by an infected tick. It can cause a wide range of problems, but most dogs that are exposed to the bacterium never get sick.

When disease does occur in a dog, it happens after a long incubation period, typically a few months after being infected via a tick bite. Therefore, Lyme disease may need to be considered during times of the year when ticks are not active (e.g. in the winter in temperate regions).

Fever, lameness, stiffness and swollen joints are common in dogs with Lyme disease. Enlarged lymph nodes, lethargy and decreased appetite may also develop.

In a small percentage of infected dogs, kidney disease may also occur, resulting in a condition in which the kidneys 'leak" protein into the urine. The medical term for this is protein-losing glomerulopathy.

#### How do ticks transmit diseases?

Ticks can transmit bacteria during feeding. When they have attached to an animal or person, they eventually begin to feed and in the process they can pass bacteria into their host's bloodstream. This is a slow process. It takes 24-48 hours (or more) for ticks to pass on Borrelia burgdorferi to their host.



A blacklegged tick, Ixodes scapularis, "questing" on a blade of grass in search of a host (PHIL 14473)



#### 2a) Tick checks

Get into the habit of regularly checking your dog (and yourself!) for ticks. If your dog commonly ventures into areas where ticks may be present, tick checks should be done every day during tick season. It isn't hard to do, in fact it's just like petting your dog, except you want to make sure you cover every part of the dog and feel for little bumps. Pay extra attention to sites where ticks may hide, such as around the ears, between the toes, under the armpits and around the tail. Also pay close attention to the head, since dogs explore with their noses and may stick their heads into tick-rich sites.

# How do I protect my dog from Lyme disease?

There are four main ways to reduce the risk of Lyme disease:

- 1) Reduce tick exposure
- 2) Check for, and promptly remove, ticks
- 3) Use tick preventive medications
- 4) Vaccinate your dog against Lyme disease

# Can my dog give me Lyme disease?



No. Dogs and people are exposed the same way, from being bitten by infected ticks. Infected dogs pose no risk to people.

A classic "bull's-eye" rash, which is seen in about 80% of Lyme disease cases in people following a bite from an infected tick. The rash is not seen in dogs and cats. (PHIL 9875)



# How does KLCOA Communicate with its Members?

Let's review some of our strategies to provide information to our members.

**KennisIS All Of US** survey indicated that 96% of the respondents use our **eblasts** as a means of getting information. It is meant to be sent whenever something new is posted to the website or when there is a time sensitive message that needs to get out . We also share information through:

- Our website at klcoa.org,
- Our newsletter, **Kennisis Breeze**, produced 3x a year, posted on our website and printed hard copies available at our members meetings or at the marina,
- Our Spring Meeting presently done on ZOOM, pre COVID offered face to face meetings,
- Our **fall AGM** presently done on ZOOM, pre COVID offered face to face meetings,
- Our Road Sign which is on the right hand side of the road before reaching West Shore entrance, travelling north to the lake,
- The Marina bulletin board,
- The **bulletin board at the mailboxes** at the entrance to the dump,
- Our **community signs** posted on islands and traditional rights of way routes,
- **Survey Monkey** which allows us to do surveys or short polls,
- Our **Kennisis Lake History Book Project f**acebook page

https://www.facebook.com groups/937423657011973/

and **new this year....Webinars** are coming soon to the Kennisis Lake Community on topics related to our lake community!





# Maple Syrup Season is Over But 'tis the season to enjoy it!

- 1. A maple tree can yield sap for up to 100 years but tapping the tree does not begin until the tree is about 45 years old.
- Sap flows when days are above 0 degrees but nights are cold.
- 3. 40l of sap boils down to make 1l of syrup.
- 4. Maple syrup is filled with antioxidants and healthy minerals like zinc, magnesium, potassium and calcium.
- Canada produces 85% of the worlds maple syrup tapping red, black and sugar maples.
- 6. Haliburton Forest sells maple syrup made from the forest trees! Make sure you stop by to purchase a bottle!

<b>Nutritional Value</b>	for Various	Sweeteners	
% of Recommended D	aily Value (DV)	Per 1/4 cup (60	ml)

from www.ontariomaple.com

	Maple Syrup (1/4 cup / 80 g)		High Fructose Corn Syrup (1/4 cup / 78 g)		Honey (1/4 cup / 85 g)		Brown Sugar (1/4 cup / 55 g)		White Sugar (1/4 cup / 51 g)	
	% DV	mg	% DV	mg	% DV	mg	% DV	mg	% DV	mg
Riboflavin	37	0.59	1	0.01	2	0.03	0	0.0	1	0.01
Thiamin	1	0.01	0	0.0	0	0.0	0	0.0	0	0.0
Manganese	95	1.89	4	0.07	4	0.07	2	0.04	0	0.0
Zinc	6	0.58	0	0.02	2	0.19	0	0.02	0	0.0
Magnesium	7	16.5	0	0.0	1	1,75	2	5.0	0	0.0
Calcium	5	58.0	0	0.0	0	5.0	4	45.8	0	0.48
Iron	1	0.09	0	0.02	3	0.36	3	0.39	0	0.03
Selenium	1	0.4 µg	1	0.55 μg	1	0.66 µg	1	0.65 µg	1	0,3
Potassium	5	167	0	0.0	1	44.0	2	73.3	0	0.96
Calories 216		- 2	220	2	261	2	16	19	96	

Source: USDA Nutrient Database and Canadian Nutrient File

Notes: The values shown are the overall minimum values for the minerals and nutrients and the overall maximum values for the calories reported by the USDA Nutrient Database and the Canadian Nutrient File. The percent daily values (% DV) were calculated using the Health Canada recommended daily intake values for an average 2,000 calorie diet.

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Kennisis Breeze Page 33

# Children always remember the time when they played..

#### 20 Questions

Select one person to begin as 'it.' During each round, 'it' chooses a person, place, or thing but does not reveal the identity of the chosen item to the other players. Next, players take turns asking 'yes' or 'no' questions about the item as they attempt to figure out what it might be. A total of only 20 questions may be asked. If at any stage of the game a player guesses correctly, play ceases and the winner becomes 'it' for the next round. If no one can guess the answer after all 20 questions are asked, 'it' reveals the item's identity, and a new round can begin.

### **OR...**

### Fortunately/Unfortunately

The first player begins the story with a fortunate or positive statement. For example, "Fortunately, I won the class prize of lunch with the teacher." The next player contributes an unfortunate statement to continue the story, such as: "Unfortunately, the teacher was absent and I had to have lunch with the principal!" Player three adds another positive statement, "Fortunately, it was mac and cheese day." Player four adds another unfortunate statement, and so on. Play continues until the story comes to a logical conclusion...either happily or unhappily!

### Campfire Games shared by https://www.scholastic.com/

### OR..... Once Upon a Time

Create a story together — the player chosen to begin shares the first few lines of a make-believe story. Storytelling proceeds around the campfire, with each player adding a few more lines to continue the story. Add an additional challenge when playing with older children by having players pat their knees twice and then clap their hands while sharing their story offering. The next player must start his contribution immediately following the last player's clap.





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### **Abandoned Docks - 2022**



The KLCOA initiated a special program in 2020/2021 to identify docks that are unclaimed. The **goal** is to identify, dismantle and dispose of abandoned docks. This

summer,

We will start tagging docks in June that appear abandoned, create a pictorial inventory and reach out broadly to clarify status

We will continue to leverage our website, e-blasts, newsletters and social media to educate and share more information

When it is clear that a dock is truly abandoned, depending on the number of docks, we will consider options and how best to dismantle and dispose of them from our lakes

Your KLCOA Directors,

Scott Durie and Grant DeMarsh



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# **BREAKFAST MUFFINS**

# Warm muffins on the dock for breakfast, yum!

# Ingredients

- · 2 cups whole wheat flour
- 1 cup sugar
- 2 teaspoons baking soda
- 2 teaspoons cinnamon
- .5 tsp ground ginger
- 3 eggs: beaten
- ¾ cup vegetable oil of choice
- 2 teaspoons vanilla

.

- 2 apples; peeled and grated
- · 2 cups carrots; peeled and grated
- ½ cup unsweetened coconut
- ½ cup raisins
- ½ cup chopped nuts (optional)
- ¼ cup pumpkins seeds
- Orange peel grated/zested
- \*Feel free to add in fresh picked raspberries or blueberries

### Preheat oven to 350F

- Line muffin tin with parchment liners
- Place the flour, sugar. Baking soda, cinnamon & ginger into a large mixing bowl & mix
- · Add the grated apple, carrot, raisins, nuts, coconut, pumpkin seeds & grated zest
- Create a well in the dry ingredients bowl and add the eggs, oil & vanilla & mix all together
- Spoon batter into the muffin tins
- Bake approx. 30 minutes





# **Cooking @ The Cottage**



# **HOMEMADE GRANOLA**

# Ingredients

- · 4 cups rolled oats
- 1 ½ cups nuts (almonds, pecans, cashews) and/or seeds of choice (sunflower, pumpkin, flax
- 1/2 teaspoon cinnamon
- ½ cup olive oil
- ½ cup maple syrup
- 1 teaspoon vanilla
- 1 cup dried fruit (raisins, cranberries, chopped dates) and/or chocolate chips



# Directions

- 1. Preheat oven to 350F
- 2. Line a large cookie pan with parchment paper
- 3. Combine the oats, nut & seeds, olive oil, syrup & vanilla together and mix well
- 4. Bake for 20 minutes, stirring the mix at the 10- minute mark
- 5. Let cool and add dried fruit/chocolate chips and store in a sealed jar.

# 

## A Story or Two by Jennifer Frankum

Strange to think you wanted all the damned stuff kept in the family,

as if we would forget you without your harvest plates staring up at us from the table, once laden with potatoes Grandpa hoed from a hill, roast beef always well done, gravy, boiled carrots, green beans.

How could you think I would forget your homemade pie what kind was it now?

When I mentioned
I couldn't keep everything—
there just wasn't room—
your tears began, your lips trembled

as if I somehow wouldn't remember you were born on August 17, 1903, eloped on November 10<sup>th</sup>, 1932, in Fenlon Falls, in the minister's parlour.

How could I forget the musty scent of your breezeway, your pantry with dusty tins of vegetables?

You were prepared for an apocalypse.

Newspaper clippings scattered on your kitchen table, keeping track of the past, the bobble bird nodding to me in agreement.

How could I not recall the electric organ in the next room waiting for your hands to play "Beautiful Dreamer" as I lay on the pilly brown couch beneath a crocheted afghan

while afternoon leaked through the bay window, light catching glass orbs in a net,

ivy and geraniums needing a drink of water, the handful of earth

tossed on your coffin sometime in the summer of 2001.

Perhaps my quarter century daughter you knew when she was six would like the heritage dishes from Staffordshire, England, which I am passing from your hands Grandma, to hers, with a story or two.

#### **Kennisis Lake Remembers:**

Since the December of 2019, our lives have been impacted by the COVID 19 pandemic with testing, masking, shielding, reporting, lockdowns, isolations, hospitalizations and sadly deaths.

Let us not forget that many have also lost their lives because of other causes, but funerals or "get-togethers" with family and friends had to be put on hold and some are still on hold until the air has cleared

Many of our lost loved ones loved the serenity and beauty and the enjoyment of spending times at Kennisis Lake.

Kennisis Breeze would like to honor the loss of our loved ones by publishing their name, and/or birthdate and deathdate in our future newsletters.

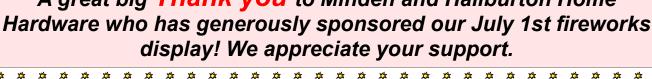
If you would like to honor someone's passing, please send his/her name <u>and/</u>or birthdate and death date to valentinafagg@gmail,com and we will include this information in the following newsletter.

Let's recognize those who were, in some way, a special part of our community!

Example: Julia Rochacewich, Feb. 1924 to Feb 2022

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A great big Thank you to Minden and Haliburton Home





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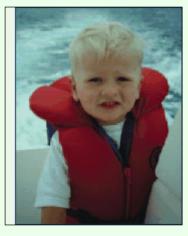
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# **Keeping Our Children Afloat**

A lifejacket or PFD is no substitute for adult supervision. Children should be within arm's reach as well as wearing a proper flotation device at all times. View this video for quick tips on keeping your child safe on water.

Buy only Canadian-approved devices. Have your child try on the device before you buy it.

It should fit snugly and not ride up over your child's chin or ears.

There should be less than 7.6 cm (3") between your child's shoulders and the device. Otherwise, the device is too big and could do more harm than good.

Look for these safety features:

a large collar for head support

waist ties or elastic gathers in front and back

a safety strap that goes between the legs to prevent the device from slipping over your child's head

buckles on safety straps and reflective tape





Adults are important role models.

(Posted by Lisa Boate)

# Life Jacket or PFD?

Life jackets are different from PFDs. A **life jacket** can turn the person over from face-down to face-up. A **PFD** will keep a person floating, but not necessarily face-up.

Consider attaching a non-metallic pea-less whistle to the device.

Parents who want their children to wear a lifejacket should set a good example and do the same.

From Transport Canada



Federation of Ontario Cottagers' Associations FOCA Aquatic Invasive Species Prevention & Monitoring Program

# **Tips for Boaters**

Some aquatic species can survive more than two weeks out of water

### 1 Before you go

Visually inspect your boat, motor, trailer and all fishing gear. Look for aquatic debris that might be dried and still clinging to your equipment since the last outing. Washing and/or drying your equipment will kill harmful invasive species



### 2 Watch out

While on the water, steer your boat or watercraft clear of areas known to have invasive species. Propellers can cut up plants; and oars or paddles can break stems, further spreading invasive species.

# 3 When you leave

At the boat launch, inspect your boating equipment: boat, motor, trailer, rollers, axles, anchors, centerboards and fishing gear and remove any zebra mussels and/or other animals and plant debris (stems/leaves) that are visible. Dispose of debris in the garbage, or compost on land - never near any waterbody. Prior to leaving the boat launch, drain water from the motor, live well, bilge, and transom wells, and leave your drain plug out while travelling.

### **Follow these Quick Tips:**

GOOD	BETTER	BEST
Clean, Drain	Clean, Drain, Dry	Clean, Drain, Disinfect
CLEAN off all visible mud, vegetation and other debris Pull and store the DRAIN plug, lower your out- board to drain standing water and drain live wells before leaving the launch	In addition to cleaning and draining: DRY your boat and equipment in hot or sunny weather for 2-7 days before transporting them to another body of water	Use a pressure washer to spray off your boat and trailer (250psi) OR rinse off your boat and trailer with hot water (greater than 50°C)  To prevent the spread of VHS, rinse live wells with 10% household bleach/water solution (i.e. 100ml of bleach to 1L water). Rinse well with water to remove any residual chlorine.

Found a suspected invasive species? Report it: 1-800-563-7711 or <a href="http://www.eddmaps.org/ontario/">http://www.eddmaps.org/ontario/</a>



### Be #WakeAware

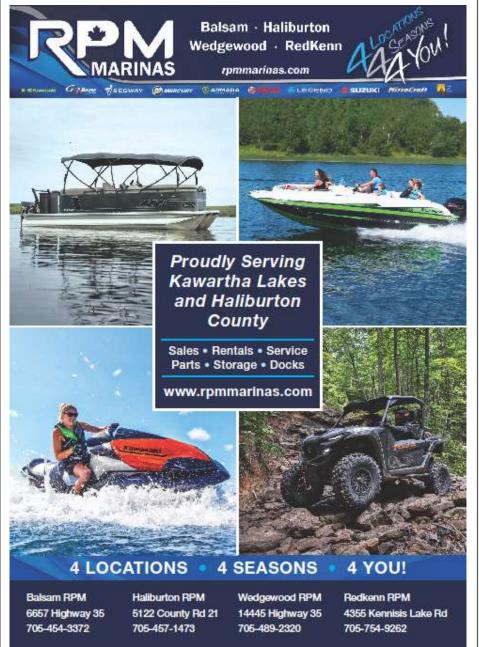
- Be aware of the size of your wake during displacement, transition & planing speeds
- Position your passengers through-out the boat to reduce time spent in transition speed
- Look behind you to minimize the impact of your wake on shorelines, docks or structures
- Reduce your speed to less than 10 km/h when 30m from shore, boats, docks and swimmers
- Water-ski, tube, surf & wake-board 200 meters away from all shorelines



### Be #WakeAware

In May and June, nesting birds on shore are protecting their eggs. Careless boaters can cause their young to drown from high wakes.

Be a steward of the lake while boating as well!



# KLCOA/RLCA Propane Buying Group by Tayce Wakefield

In 2014, a KLCOA committee issued a Request for Proposal to all the propane suppliers in our area, with the objective of getting more competitive pricing. Only Superior responded positively with favourable terms so a Group Buy program was formed with them. RLCA was invited to join several years ago. The group now numbers over 50 members.

Superior gets economies of scale in delivering propane and in having a predictable volume for which they buy forward contracts, and Group members benefit with a lower price than otherwise available in the market.

A fixed price for the coming year is set in the July/August timeframe. Group Coordinator Tayce Wakefield sends emails to Group members with the fixed price offer for the coming year (the consistent price per litre that Group members will pay to have their tanks filled from September through the following summer). Group members have a defined window to accept the price (or go with a floating price for the coming year).

There are also favourable terms for tank rental (\$49 for 420, 500 and 100 litre) and no charge for satellite remote sensing of tank levels (which is accessible via an app). Group members must be members in good standing with the KLCOA/RLCA.

There are two pricing levels – for consumers of less than 1500 litres annually (where the charge is higher to reflect the higher cost per litre of delivery and for the tank asset on the property); and for consumers of over 1500 litres annually (generally those that heat with propane). There are no delivery fees or hazardous materials fees. The federal carbon tax is charged on top. If you'd like to compare with what you've been paying, following are the Group fixed prices for the past four years:

		>150	0 I.	<1500 I.
2021-2	22	.657/	l.	.857/I.
2020-2	21	.527/	<b>l</b> .	.727/I.
2019-2	20	.507/	l.	.567/I.
2018-2	2019	.57/I.		.679/I.

Propane suppliers only fill their own tanks, so customers interested in joining the group must first arrange to have new tanks installed by Superior and their old tanks removed. Customers that are interested in switching fill out a residential application and sign a five year General Retail Agreement. (Some suppliers have no fixed term contract; others 3 or 5 years. All Superior customers are on five year terms).

For new propane installations, a site inspection may be done to determine the best location for tank placement, considering code requirements.

For anyone switching suppliers, an inspection is required to ensure that all propane appliances (furnace, stove, BBQ, dryer, etc) are installed according to the user manual requirements and to code, and to ensure that the connection and trenching from the tank to the house is up to code. If deficiencies are identified, the owner will be informed and given a timeframe to correct the problem, depending on its severity.

Depending on your old tank type, it may be possible to transfer any remaining propane to your new tank and/or your existing supplier may give you a credit for any remaining fuel in the tank, but may charge you a restocking fee. (You should check this with your supplier along with any other applicable contract terms such as penalty clauses for early termination.)

As it takes several weeks to work through these steps, people interested in switching are encouraged to do so in time for the new pricing year which generally starts in August.

Owners interested in installing new propane furnaces and other appliances should work with local HVAC contractors on these installations as well as the exterior trenching required (but note that propane suppliers have incentive programs for local contractors to encourage their customers to go with that propane supplier).

We believe that customers of other propane companies have also benefitted from the Group Buy Program as their suppliers have been forced to offer more competitive prices to keep their customers, although an informal survey of what Kennisis area residents have been charged indicates that the Group Buy prices are virtually always the best fixed price per litre of any supplier in the market for that year and often by a considerable margin. While we communicate the prices for the coming year to Group members in the July/August timeframe, we no longer communicate the Group price publicly as the objective of the Group is to obtain the best price possible for those that decide to join the Group, not set a general benchmark for other suppliers in the market.

Our contact with Superior since the inception of the program has been Jeff Voyer, who is extremely helpful and responsive. Email him at <a href="mailto:jeff\_voyer@superiorpropane.com">jeff\_voyer@superiorpropane.com</a> or call him at <a href="mailto:jeff\_voyer@superiorpropane.com">

We appreciate that Dave Lawrance has agreed to help administer the Propane Group Buy program.





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Now, let's get this summer started!!



Photo by Dave Barrett

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