

Kennisis Lake Cottage Owners Association

Kennisis Breeze

Plans for Summer 2024 **Activities KLCOA Special Meeting** May 18th **Haliburton Forest** 9.00am "What's Up Kennisis" Webinar June 12th 7:00 pm- 8:00pm Ladies Of The Lake Lunch June 29th 11:30am-1:30pm Kennisis Lake Marina Tent KLCOA Fireworks/ **CANADA DAY** Friday July 1st Rain date: July 2nd Rock Bass Fishing Derby July 6th **Childrens' Water Festival** July 13th 11:00am to 12:30 Kennisis Lake Marina Tent Art on the Dock July 19th (preview at **Kennisis Lake Marina Tent)** July 20th & 21st (at cottage locations) First Aid and CPR Training Julu 20th **Kennisis Lake Marina Tent** Regatta Aug. 3rd Sailing Regatta Aug. 4th **Norah's Island Picnic** Aug. 5th **Dark Sky Event** Aug. 10th

Family Fun Day





Photo posted by Joan Middleton





Photo posted by Janis Parker



Photos posted by Bryan Stewart

EarthSky.org explained the phenomena which occurred May 11th. "The geomagnetic storming was due to no less than five coronal mass ejections (<u>CMEs</u>) that left the sun May 11th 2024. These chunks of sun material struck Earth's magnetic field, causing the fantastic auroral display. The overall reason is that the sun is reaching the peak of its 11-year cycle of activity. This cycle is called Solar Cycle 25."

What will Kennisis skies show us during the 2024 season?



Message From Our Co-Presidents, Deb Wratschko and Scott Durie

Spring is here and we're definitely excited for another summer of fun at the lake.

As usual, your KLCOA Board, and a number of dedicated volunteers have been hard at work over the winter preparing for a busy summer filled with our regular programs and initiatives as well as the introduction of some new ones.

Ladies of the Lake Luncheon, Fireworks, Rock Bass Fishing Derby, Art on the Dock, Regatta and Family End of Year Wrap Up Event are all on the calendar for this year. Look for some new activities like Children's Water Festival, First Aid Courses, "Sneak Peak" night for Art on the Dock, Norah's Island Picnic, and our Dark Sky Event.

2024 Save the Date - Events Calendar

- Spring Special Meeting IN PERSON May 18, 2024
- Ladies of the Lake Luncheon June 29, 2024
- KLCOA Fireworks June 29, 2024 (Assuming no weather or fire ban restrictions)
- Rock Bass Fishing Derby July 6, 2024
- Children's Water Festival July 13, 2024
- First Aid Courses July 20, 2024
- · Art on the Dock Sneak Peak July 19, 2024
- Art on the Dock July 20-21, 2024
- Annual Regatta August 3, 2024
- Annual Sailing Regatta August 4, 2024
- Norah's Island Picnic August 5, 2024
- Dark Sky Event August 10, 2024
- Family Year End Wrap up Event August 31, 2024

Make sure you're signed up to receive our e-Blasts and follow <u>www.klcoa.org</u> for updates and information. With this reliance on our website, we're investing significant energy in updating and organizing the website to be more current and easier to find the information you need. We're also installing a new bulletin board at the Marina to help with communicating, so make sure you're watching these sources for information.

In case you missed it, we held the KLCOA Annual Meeting virtually this year on March 19th in accordance with ONCA (Ontario Not-for-profit Corporations Act) regulations. The focus was 2023 financials and our 2024 budget. Also, we held an in-person Spring Special Meeting in the Seminar Room at Haliburton Forest on May 18th. The emphasis was on programs, initiative and education and included several guest speakers."

You've heard us say it before - KLCOA programs, events and initiatives require many volunteers beyond the Board of Directors. Whether you can volunteer to help with a specific event, join a committee or offer your professional expertise we appreciate our volunteers. If you can't volunteer your time, watch for more about our Sponsorship Program and specifically the Community Builder Recognition Program for additional ways to contribute to our community.



Watch for eblasts and check klcoa.org for more details. It's now been eight (8) months that we've been leading the KLCOA as Co-Presidents. So far, we can report that this new model is working well. Over the years, with the increasing number of activities, the role, duties and time commitment of the President has also increased. Sharing the workload has certainly made the role much more manageable!

We're always open to feedback. If you have comments, concerns or anything else to share, we can be reached at: Deb - <u>klcoa.president.2017@gmail.com</u> and Scott - <u>scott.durie@pinepoint.ca</u>

We look forward to seeing everyone on the lake enjoying a fantastic summer!

Sincerely,

Deb Wratschko and Scott Durie



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Exciting New Program

Community Builder Recognition Program Announcement

The KLCOA Board of Directors consists of 16 dedicated volunteers working for YOU. Our vision is to maintain a healthy and sustainable lake environment for generations of enjoyment.

We hold many well attended community events such as our Annual Regatta, Fireworks, Art on the Dock, Rock Bass Fishing Derby, Ladies of the Lake Luncheon and the Family Fun Day event at the end of summer to name a few.

In addition to social activities we are also involved or planning to become involved in many Stewardship initiative that support our vision. Some examples of these are water quality testing, loon nesting platforms, traditional rights of way, fire smart plan & education, invasive species education, abandoned dock program and community road clean up to name a few of the approximately 20 projects.

We can't do this important work without your financial support!

Please consider becoming part of our

Community Builder Recognition Program by contacting:

Susan Marlow

KLCOA Community Builder Coordinator

smarlow55@gmail.com

647-866-4319.





backwash should be discharged into a grey waterbed.

Dysart et al has established 5 septic zones for inspection purposed. In 2024. The area of focus will be zone #5.



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KLCOA First Aid and CPR Training Presented by Rescue7

Saturday July 20, 2024 Kennisis Lake Marina Event Tent

First Aid/CPR Presentation 9:00-12:30 - \$40.00

- Large and small wounds. Burns.
- Heat exhaustion and Heat Stroke
- Severe allergic reactions (Epi-pen)
- Hypothermia
- Cardiac emergencies
- CPR demo and use of an AED
- Choking emergencies

CPR/AED clinic Certification 1:30-4:00 - \$60.00

- CPR for Adults and Children
- Practice with an AED
- Choking emergencies

Both classes are independent of each other. You are welcome to take any one class or both for the best training.

Spaces are limited so register early HERE



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Spring Road Clean up May 3rd and 4th Thank you to all of the Volunteers!!!!

Kerin Harding Giles Anderson Dan Napier Sandi & Paul English Ann Holmes Andrew Woods Pat & Peter Smith Linnea Humphries Lisa & Al Wenger Kelly & Mike Neely Tony & Leslie Lepine Jennifer Pottier Liz Boxall Mike Rea & Boshkung Smokehouse staff





Barb Shannon Dean Drager Tibor Sharon Crawford Mountford Kelly Butler Debbie Karin Scott Durie Marilyn Hewitt Alina Goetz Dorothy Greenway John Smith Liz Austin Dave Lawrence Arlene Burch

> THANKS FOR VOLUNTEERING

Thank you to Natalie Wood and David Barrett for organizing this clean up.



KENNISIS COTTAGE RENTALS



Contact Lea Harper for an on-site evaluation of your rental potential. 705 754-4678 or www.kennisiscottagerentals.com

Kennisis Cottage Rentals handle a wide spectrum of lakefront accommodations in Haliburton County. We have been matching guests with just the right cottage since 2006. We know what vacationers want, and as fellow cottagers, we understand your pride of ownership and attachment to the lake.

A permanent resident of Kennisis Lake for 20 years, and seasonal resident for 50, owner/manager Lea Harper specializes in Kennisis and Redstone Lake cottages.

And it's hassle-free income' Kennisis Cottage Rentals handle everything from the ground up the cost of marketing, the careful screening of applicants, bookings, contracts and the processing of rental payments.

Kennisis Cottage Rentals Inc. is a trusted member of the Travel Industry Council of Ontario (Tico) 1017 Labyrinth Lane, Haliburton, ON KOM 1 SO info@kennisiscottagerentals.com www.kennisiscottagerentals.com 705 754 4678

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KLCOA Membership

As of May 18th, we have paid 530 members in our Kennisis Lake Cottage Owners Association!

Reminders:

- You can pay your dues online at <u>www.klcoa.org</u>

- 2024 stickers are available for pick up at the Marina.

KLCOA Webinar Series – Lake Health

The KLCOA Webinar Series continues for 2024 with our first "What's Up Kennisis" Webinar on Wednesday, June 12, 2024.

It's All About the Water!

Water Quality Monitoring on the Kennisis Lakes

Annual sampling and measurements by KLCOA volunteers, tell us a story about our Lake Health.

Plus- A First Glance at our Microplastics Sampling Results!

Guest Speakers

Frank Figuli - Environmental Program Coordinator - Woodland and Waterways EcoWatch, U-Links Centre for Community Based Research

Annie Robertson – Trent University, Microplastics CBR Project Report Author



/ednesday, June 12, 2024 7:00-8:00 PM

Check the KLCOA E-Blast and Website for registration and future updates

For additional information contact: Jim Prince - KLCOA Stewardship jimprince@sympatico.ca







2024

Clean, Drain, Dry Rules for Boaters

From: https://www.ontario.ca/page/invasive-species-action-

Know the rules

As of January 1st, 2022, Ontario has regulated watercraft (boats, canoes, kayaks) as a carrier of invasive species under the Invasive Species Act.

Boaters are now required to take the following steps before transporting a boat or boat equipment overland:

- remove or open drain plugs to allow water to drain from the boat or boat equipment
- take reasonable precautions to remove all aquatic plants (weeds), animals and algae from any boat, boat equipment, vehicle or trailer

Before reaching a launch site or placing a watercraft in any body of water in Ontario, boaters are required to ensure their boat, boating equipment, vehicles or trailers are free of all:

- aquatic plants
- animals
- algae



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IN THE EVENT TENT

SAVE THE DATES



https://www.facebook.com/ people/Kennisis-Lake-Marina-Stoage/100021207252450/

WOW! Enjoy your summer!

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Shoreline and Tree Preservation Bylaws

Haliburton County passed a **Shoreline Preservation Bylaw** in August 2022 but Dysart et al opted to adopt their own **Site Alteration Bylaw 2023-75** in August 2023 which applies to "all land situated within 30m of a high water mark and within environmental protection zoned areas."



However, the Haliburton County Tree Preservation Bylaw still applies.

If you are planning to alter your shoreline vegetation or modify any existing structures in the 30m shoreline setback the **KLCOA** strongly advises property owners to obtain and read a copy of the new Site Alteration Bylaw (By-Law 2023 -75) and the Dysart **Zoning By-law** (By-law 2005-120, **Amended April 4**, 2024) or contact Dysart before you start. **Dysart Planning Staff** are very helpful for planning and consultation support.

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ontario.ca/invasivespecies

- competing aggressively with native
- Reduced oxygen levels in the water caused by decomposing plants can
- can hinder recreational activities such
- Dense stands can create stagnant water, which is ideal habitat for



Ontario

Drag and Spruce Lakes have had an invasive aquatic plant proliferate in their lake of Eurasian water milfoil. Mitigation techniques for EWM have included laying weighted burlap mats on the lake bottom,

harvesting EWM and removal using divers which are all very costly.

We have many locations on the Kennisis Lakes that would sustain EWM. We have not yet done

identification sampling. Our best defense is "CLEAN, DRAIN, DRY" for all watercraft including canoes and kayaks. You are invited to watch the Drag and Spruce Lakes video at this address: https://vimeo.com/810673970

Know the Rules

As of January 1st, 2022, Ontario has regulated watercraft (boats, canoes, kayaks) as a carrier of invasive species under the *Invasive Species Act*. Boaters are now required to take the following steps **before transporting** a boat or boat equipment overland:

• Remove or open drain plugs to allow water to drain from the boat or boat equipment take reasonable precautions to remove all aquatic plants (weeds), animals and algae from an boat, boat equipment, vehicle or trailer

Before reaching a launch site or placing a watercraft in any body of water in Ontario, boaters are required to ensure their boat, boating equipment, vehicles or trailers are free of all:

(from https://www.ontario.ca/page/invasive-species-action-plans#boaters)

- aquatic plants
- animals
- algae



Eurasian water-milfoil line drawing. Illustration courtesy of: IFAS Centre for Aquatic Plants, University of Florida, Gainsville, 1990.

How to Identify Eurasian Water-Milfoil

- The plant is a perennial that grows under the water surface.
- Feather-like green leaves circle the stem in groups of four or five.
- Leaves have 12 or more thread-like segments.
- Tiny, reddish flowers grow on spikes five to 20 centimetres long that rise above the water.
- The plant blooms in late July and early August.

Eurasian water-milfoil looks similar to two other aquatic plants. The native northern water-milfoil (Myriophyllum sibiricum) has leaves with 11 or fewer leaf segments. The invasive parrotfeather (Myriophyllum aquaticum) has not been found in the wild in Ontario, but it is common in the aquarium trade. It has leaves that rise above the surface of the water, while only the terminal flower spike of Eurasian water-milfoil emerges from the water.

Right: Tiny reddish flowers emerge above the water surface in late July and early August. Photo: John Hardy, University of Wisconsin – Stevens Point Department of Biology



Eurasian water-milfoil forms dense stands that affect recreational activities and create stagnant water. Photo: Chris Evans, River to River CWMA

What You Can Do

- Learn how to identify Eurasian water-milfoil and how to prevent accidentally spreading this plant with your watercraft or fishing equipment.
- Avoid infested areas or reduce your speed when travelling near Eurasian water-milfoil infestations. Your propeller can break off fragments and spread the pieces to new areas. New plants can grow from small pieces of the plant.
- Inspect your boat, trailer and equipment after each use. Remove all plants, animals and mud before moving to a new waterbody.
- Avoid planting Eurasian water-milfoil in your aquarium or water garden. Aquarium hobbyists and water gardeners should only use native or non-invasive plants and are encouraged to ask retailers for plants that are not invasive.
- Never release unwanted aquarium plants or pets. Return or donate unwanted plants to a garden centre or pet store, or put them in the garbage. Do not put them in the compost or discard them in natural areas. Discarded plants may produce seeds than can sprout.
- If you've seen Eurasian water-milfoil or other invasive species in the wild, please contact the toll-free Invading Species Hotline at 1-800-563-7711, or visit www.invadingspecies.com to report a sighting.

www.invasivespeciescentre.ca ontario.ca/invasivespecies www.invadingspecies.com www.ontarioinvasiveplants.ca

For More Information:

Please contact the Invading Species Hotline at 1-800-563-7711.

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HHHS Diagnostic Imaging Campaign Needs Our Support

By Tayce Wakefield, Volunteer Chair, HHHSF Diagnostic Imaging Campaign, Little Kennisis Cottager

Haliburton is a special place and we are all fortunate to own property here. But for some time I've said how much better it would be with improved connectivity and access to a broader range of health care services locally.

For five years I led the discussions with Bell on improving connectivity at Kennisis. As of February, most properties on the lake can now have fibre optic connection installed (and the rest are scheduled to get it.)

The next step is improving access to health care services locally. Haliburton Highlands Health Services is taking an important step forward with their campaign to raise \$4.3 million, to bring life-saving diagnostic imaging equipment to the County. This will include: a CT scanner, digital mammography, updated ultrasound equipment and a picture archiving communication system that allows rapid sharing of images with specialists in larger centres, to provide faster diagnoses and treatment options. Bone density testing will also be included in the diagnostic imaging suite.

I've volunteered to chair this fundraising campaign because I think it is so important to all of us.

Haliburton is now the only county in Southern Ontario without CT scan equipment. As an important diagnostic tool for emergencies (as well as for regular diagnoses), County patients are currently transported to Peterborough, Lindsay or Bracebridge, resulting in a treatment delay of several hours. This is critical time lost in determining the location of a blood clot in a stroke; whether there is a brain bleed in a concussion; an appendix that is about to rupture; the extent of damage in a bad bone break.

In 2021, there were 357 ambulance trips for CT scans outside the County. While the ambulance and two EMS professionals are taking patients to/from CT scans (which takes 5-6 hours), they are not available to serve others in Haliburton County. This results in considerable costs, wear and tear on ambulances, greenhouse gas emissions, risk to patients and to residents who may not have access to EMS in their time of need.

Cancer Care Ontario has encouraged HHHS to install mammography equipment because they are concerned about the 6000 underserved women in the County. One in 38 women in Canada will die from breast cancer and one in ten breast cancer patients are male. Early detection offers the best chance of survival.

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Kennisis Breeze

Many County residents are unable to make the five-hour trip to Lindsay or Peterborough for a 15- minute mammogram or CT scan. Some don't have a vehicle or can't afford the gas to get there, and/or can't take five hours out of work or childcare to go for a checkup. We need to make it easy for these people to get it done on a timely basis close to home!

While the province provides health care operating funds such as staffing and maintenance, it puts the onus on the community to raise the capital funds for new and replacement equipment. That's why we need your help.

The good news is that construction is underway at the Haliburton site and the equipment is targeted to be installed by the end of the summer. We need to raise the necessary funds now.

The new HHHS President & CEO, Veronica Nelson, is working hard to improve operations, (including the addition of the KNFHT urgent care centre now operating in Minden). In consultation with the community, she has started the longterm planning process to determine the capacity to meet the County's needs for health care programs and services in the next twenty-five years.

The Diagnostic Imaging Campaign is an important step forward. We count on HHHS to be there when we need it. Let's make sure that it has the necessary tools to be there for us.

Please consider a donation. You may call the HHHS Foundation at 705-457-1580, e-transfer to <u>foundation@hhhs.ca</u> (pls include your name/ address/phone in the message area) or donate online at hhhs.ca/foundation and click on the "Donate Now" button to make your donation. Tax receipts will be provided. Thank you!



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KLCOA Members Meet Face to Face at our Spring Special Meeting

This year, we were able to bring members together to meet at the Haliburton Forest Meeting room to hear about all of the events planned for 2024 as well as new information that impact



our Association. Deb Wratschko and Scott Durie, our co-presidents, conducted the meeting



Jim Prince updated us about our Stewardship initiative while Brenda Lobraico spoke to us about our safe boating initiative.



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Our Guest Speakers

Mayor Murray Fearrey and Councilor Carm Sawyer spoke to us about road repairs and costs along with updates on various bylaws.

Malcolm Cockwell spoke to us about the Haliburton Forest management plans and reinforced that Haliburton Forest will continue to focus on the tourist and recreation industry. As an update to the Wolf Centre, he stated "No new wolf pups this year".





Tayce Wakefield spoke to us about the need for a Ct scan machine and X-ray technology thorough Haliburton Highlands special Fund raising campaign.



Marina staff were able to update us with summer plans and answer questions.



Jeff Pinkney spoke to us about Norah's Island and reminded us that the public are welcome to visit the island but please leave nothing behind.

Picnic Day for all is Aug. 5th



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Rent Your Cottage the Easy and Responsible Way!



The Catch Of Kennisis

The History Book Project by Natalie Wood



The catch of Kennisis is a wonder to many and an elusive fable to others. The lure of landing in the "big one" has always been, and still is, extremely compelling.

Kennisis Lake was once the ancestral fishing and hunting grounds for generations of the Kenice family of Rama Nation. Before logging and dams and the introduction of invasive species one can assume that the fishing was once good and plentiful. The large logging camp of Mossom Boyd must have had fish regularly on the menu in the late 1880's. Rumours of big fish in Haliburton began in the early 1920's.

The reports from the early explorers to Canada spoke of an abundance of fish and wildlife, seemingly inexhaustible, which enticed many Europeans to first settle in Ontario. Early Ontario Settlers reported that every "river, lake, stream and brook teamed with fishes" [1], the idea of sustainability seemed foreign when the fish and wildlife seemed so plentiful.

Kennisis Lake was known to be a fishing destination for city anglers seeking a rugged camping trip with a promised reward in the 40's & 50's. Many groups came North and portaged their way in the lake, eating their catch by campfire at night.

[1] Gourlay, J.L.





Timeline

1850 :Dam construction depletes trout population.

1885: The Ontario Fisheries Act passedadministration for fisheries offices, licenses, closed and open seasons and limits.

1892: Ontario; Salaried Game Wardens hired and Deputy Wardens on commission of received fines.

1923: The Williams Treaty identifies Kennisis as the traditional hunting and fishing territory of the Kenice family.

1925: Lake stocking efforts begin in Kennisis.

1930: Ontario Game Wardens issued uniforms

1930's Fishing parties begin to come to Kennisis

Gary Benson, through the years- avid fisherman, organized a revitalization of Trout spawning beds.

From the first settlers of the area to current day cottagers, the lake's fish populations and habitat have changed drastically due to several factors from the building and modifications of the dam, significant shoreline changes, decreased water quality and from increased fishing pressure.

The two Kennisis lakes were originally home to native populations of Lake trout, Brook trout, White Sucker, and Perch but the more recent introductions of nonnative species to the area such as Smallmouth Bass and Rock Bass have altered the states of the lake's fishery. [2]

According to one of Haliburton's early historians, Nila Reynolds, fishing on Kennisis was the "best kept secret" even though Kennisis Lake was considered a main water route to the Northern Camps and Algonquin Park.[3] There is a personal account by J.F. Johnson (Minden) of a 7 ¼-pound Trout caught in Kennisis in the 1880's by his father and a 4-pound Trout caught by himself in 1928.[4] Reynolds also writes of a 12-pound Salmon Trout, caught in the summer of 1930 by local B.J. Sawyer, sadly this article seems to be as elusive as the big catch.

The lake characteristics are good for Lake Trout, clear and deep with minimal fishing pressure. However, the constant changes in the water level due to the dam has put pressure on the trout population. The first dam construction in 1850, resulted in a total loss of the Lake Trout.[5] The Kennisis Lakes were stocked with Lake Trout from1 925-1992 and with Brooke Trout in 2004-2009.[6]

[2]Merks, E. & Reid Adam
[3] Reynolds, Nila
[4] Reynolds, Nila
[5] MNR(1958-2010). Kennisis Lake Files.
[6] Kemp A, J.Ludwig, & C. Reid

1932: MNR; in an effort to try to control spread of invasive fish – live bait fish was limited.

1941:MNR Archives, stocked 10 000 fish, Annual report of the Game and Fisheries Department of Ontario, 1935-46

1968:Both lakes surveyed by MNR.

1972:Globe and Mail article reports "warmer weather is driving the trout deeper in Kennisis".

1978:Study on lake trout in Kennisis River reveals the presence of a naturally self -sustaining unique trout- a glacial relic/ the Haliburton Gold.

1980s:Surveys for spawning beds suggests that the trout on the lake are deep water spawners.

1990's:Radio- tagged sonic telemetry study identified two main spawning areas on Kennisis & noted they needed some rehabilitation.



Members of the Haliburton Highlands Outdoors Association with residents of Kennisis Lake throw boulders down in the lake to help provide lake trout with a better spawning area. The co-operative effort with the MNR was part of the Community Fisheries Involvement Program.

Lake trout survival also depends on the water temperature in the fall spawning season of late October and early November, trout like cold water.[7] In the 1970's and 1980's the illegal introduction, via use of bait, of Smallmouth Bass and Rock Bass has adversely affected the Lake Trout population.[8] Rock bass have become the Trout's main competitor for food, hence the introduction of the Rock Bass fishing derby every summer.

The MNR (Ministry of Natural Resources) manages, monitors, and protects the fisheries habitat of both lakes. Fish management of stocking, population surveys, remediation of spawning habitat and creating a scientific database began in the 1920's.[9] Only 1% of Ontario's lakes are Trout lakes and therefore is paramount to protect the water quality, the shoreline vegetation, and in-water habits of both lakes.[10]

The impact of the loss of naturalized shoreline habitat also has a negative effect on the Lake and Brook Trout populations. A naturalized shoreline with overhangs of natural growth is beneficial to the lake and aquatic life. Lake Trout sustainability depends on a clean, natural environment.

In 2011-2014, the KLCOA mapped the trout spawning areas and consulted with local anglers to better understand the lake trout population. In 1990, The KLCOA attempted a sonic telemetry project in hopes of mapping spawning areas in the lake. This entailed netting the trout and implanting a sonic transmitter into the fish and then following the tagged fish in the fall spawning season. [10] One outcome of this extensive survey was noted that the spawning areas were lacking in good quality clean rubble and a remediation of rubble is needed in the key spawning shoals.

[7] Gary Bensn KLCOA notes 8] Casselman, John M [9] Kemp A, J Ludwig & C. Reid [10] Kennisis Watershed & Lakes Management Plan, 2007 [11] Kennisis Watershed & Lakes Management Plan, 2007. 1993: The Haliburton Echo reports on the spawning area rehabilitation efforts.

2010: KLCOA & MNR lake trout spawning assessment done.

2011: South end of Kennisis trout survey reports 4 good spawning areas.

2014: November KLCOA Trout survey by Gary Benson, David Austin & Blair Johnston reported a 40-75-foot depth range for Trout. Trout seem to not have enough food, empty stomach contents also reported.

Ongoing water testing by the KLCOA helps determine lake health.



Gord Board with his

on his shirt!

An interesting fact to note about the local trout is that a unique strain of lake trout has been discovered in the Haliburton region, The Haliburton Gold, considered to be a glacial relic. More than 10,000 years ago with the receding melt waters from the last ice age a unique lake trout strain was stranded in the lakes. In the mid 1980's, scientists discovered that this strain of Trout were genetically distinct from all other Ontario Lake Trout. It is thought that these "golds" may be one of the oldest and purest of Lake Trout in the world.

Fishing will always be a part of lake life for many cottagers from the joy of your first catch to a lifelong thrill of reeling the big one in. Many have their favourite spots, reels and lures and everyone has a tale of their best day out on the lake.

11. https://www.muskokaregion.com/life/lured-by-haliburton-a-fishing-paradise-if-ever-there-was-one/article_e39f3579-3632-5cb7-be07-fd4d1b08cf4e.html?



Doug Lenart photo

Just a wee bit of local history, if you would like to add to the fish section of the book please send me an email. Natalie Wood woodmcf@rogers.com

Photo below from Joanne George, her dad & catch of the of the day



Jeannette Kling photot



"I LIKE TO FISH FOR LAKE TROUT, BY TROLLING. IN THE 1970'S MY ONLY BOAT WAS 14FT FIBREGLASS RUNABOUT WITH A 45HP MOTOR. IT DID NOT TROLL SLOW ENOUGH FOR FISHING, SO I DRAGGED TWO PAILS BEHIND THE BOAT - THIS SLOWED THE BOAT TO A GOOD TROLLING SPEED - THE PAILS GOT IN THE WAY WHEN LANDING A FISH". RON REESOR

"WE ENDED UP WITH A PROPERTY ON THE LAKE BECAUSE MY DAD CAME TO FISH WITH FORGOT HIS TACKLEBOX AND ENDED UP BUYING TWO LOTS WHEN HE CAME BACK TO RETRIEVE HIS GEAR" DENISE BALL

THE FISHING ON KENNISIS WAS LEGENDARY AND IS NOW ONLY GOOD. WE ARE ON THE LAKE ON THE **RECOMMENDATION OF MY** MOTHER'S UNCLE, WILLIAM WENDT, WHO USED TO PORTAGE FROM HALLS LAKE TO FISH. HE WAS SUCH AN AVID FISHERMAN THAT HE TRADED 1500' OF SANDY BEACH ON KAWAGAMA LAKE FOR THE 100' ROCK POINT ON THE NORTH SHORE OF HALLS LAKE BECAUSE "EVERYONE KNOWS YOU CAN'T CATCH TROUT FROM A BEACH". IN THE LATE 40'S HE BROUGHT MY DAD TO KENNISIS TO FISH FIRST BY FREIGHTER CANOE, THEN ONCE BY CAR IN THE EARLY ONCE D'I CAR IN THE EARLT 1950'S. ON ONE TRIP (ALLEGEDLY), THEY HAD CAUGHT SOME JUNE BEETLES AND SIMPLY HAD TO MAKE ONE CAST TO CATCH EACH FISH. MY MOTHER ALWAYS DOUBTED THE STORY AS THEY WERE GONE FAR TOO LONG, EVEN IF THOUGH THEY RETURNED WITH LOTS OF FISH." DOUG LENART



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Keeping Lines of Communication Open

Thank you to Kennisis Lake Marina for allowing KLCOA to install a new information bulletin board next to the entrance door of the Marina. It will display Marina information, KLCOA information and Community information. A second board will be installed with a large format map of the Kennisis Lakes and a poster thanking our business partners for their financial support.

Take some time to keep informed while enjoying that delicious ice cream cone!!









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For more information please check out: KLCOA.org

Dockside Stories

Surely you heard about the one that got away...

But have you heard about the ghost on Charlie Brown Island on Koshlong Lake? Or about the "goings on" at the Golden Slipper on Lake Kashagawigamog? Or about Harold Heaven's disappearance from Horseshoe Lake? And don't forget the one about...

CANOE FM wants to hear your lake stories! Whether it is history, folklore or just a tale about an interesting person or an event experienced on your lake, we want you to share it!

Not only will we help share the tale, but you will be entered into a draw to win! Draw date is August 5, 2024.

Share your story with us at contest@canoefm.com.

Yep! The draw will have PRIZES, but pride in sharing the story about your lake is priceless!

Grab a dockside seat, and listen in. Stories will be aired until September 2.

Entries will be accepted starting June 1, 2024





Let's Stay Optimistic for a Better Snowmobile Season in 2024/2025!

Over the past 12 years since it was resurrected, the Kennisis Snowmobile Club has gathered much interest around the Kennisis Lake area. The purpose of our casual "club" is to support efforts of our 2 local OFSC clubs. ie; Tall Pines Snowmobile Club and Haliburton County Snowmobile Association/HCSA. We offer support in measuring ice thickness prior to staking. Once safe we have dedicated volunteers who install, remove and store the lake marking stakes. We also lend support to improve access and safety on the marked lake trail which helps considerably with safe travel for all snowmobilers locally and those who travel through our area.

Snowmobiling is the largest single contributor to winter tourism in Haliburton County. Another major task which we tackle is the trail maintenance work on Tall Pines Trail 62 which leaves the Kennisis Dam heading north and many of the local portage trails from lake to lake. We have done much work over the past 12 years to widen, improve sightlines and overgrowth through considerable brushing and trimming.

We have also tackled the restructuring of the Buckhorn Creek Shelter. This was done through excellent volunteer help and fantastic fundraising efforts.

We attempt to host a yearly BBQ on the ice in mid-March where a potluck lunch is enjoyed by all, fundraising through prize draws occurs and where we meet new people.

To date in 12 years we have raised over \$20,000 to support [

all of our Initiatives to improve snowmobiling in the Kennisis Lake area. Most recently in 2023 we raised \$4500 for the Tall Pines SC in Dorset for a Mobile Shelter Initiative.









We also just recreated our logo which was used to base our new clothing fundraiser from while showing off our Lake We have orders placed for hoodies, hats, toques, glasses, decals and patches.





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SERVICE

Open Air Fires: Bylaw 2024-26 Some Important Points Open Air Fire is allowed between the hours of 7pm and 7am and between the dates of April 1st to October 31st as long as: - a responsible person is available and in attendance at all times by a competent person with equipment to extinguish a fire - the material is burned in a single pile that is less than two (2) meters in diameter and less than two (2) meters high, - only wood or by-products of wood are burned, - the fire must be at least three (3)meters from combustible materials, property line, buildings, fences, trees and roadway - the fire must be completely extinguished before the burn site is vacated Burning is NOT permitted if: To report a complaint about daytime burning (without a permit) - it is foggy contact the - a smog alert has been declared Dysart Fire Department at - wind speed, as reported by Environment Canada for the Haliburton County 705-457-1740 x 647. area is in excess of 30km/hour **Open Air Fires for Cooking** If it is an emergency call 911. Open Air Fires may be set between the hours of 7am and 7pm and between Or visit: the dates of April 1st to October 31st as long as: Fire and Emergency Services -Municipality of Dysart et al - it is smaller than 6 meters in diameter - it is confined within a fire pit or appliance for more information.

- it complies with all conditions of this Bylaw

Open air fires or fires for cooking and warmth are not permitted during a fire ban.



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Watch for Waterbombers A w

A word from FOCA

When you are out enjoying Ontario's waterways this season, remember that **waterbombers need room to scoop water from lakes**. Boaters who venture too close can obstruct fire-fighting efforts and create a dangerous situation for themselves and pilots.

Waterbombers will not scoop from a lake or river if encroaching watercraft pose a safety hazard. Help fight wildland fires by staying clear of waterbombers while out on the water.

As those who have a deep appreciation for our natural environment, let's do all we can to keep it safe from wildland fires this fire season.

Think Safety on our Roads

While we work on your behalf to inform Dysart et al about the condition of our roads and advocate for repairs, we need **you** to keep our roads safe.

Walkers, bicyclists, joggers, ATV'ers, construction vehicles, loggers and drivers all make use of our roads but speeders or distracted drivers threaten the safety of many.

Please remember that you can't see over the hill or around those windy corners and anyone or pet or animal or could be there enjoying the outdoors.

Please drive with caution.

Safe Driving is No Accident

The following chart was provided by the "Safer Streets" Initiative in East Gwillimbury.

Did You Know?

Perception Time: It takes a drivers 3/4 of a second for most drivers to process a situation and recognize the need to stop.

Reaction Time: It takes 3/4 of a second on average for a driver to react to a situation by moving their foot from the accelerator to the brake.

Braking Time: How long it takes for the car to come to a stop after the driver hits the brakes and the distance it travels. Speed dramatically affects the breaking time and distance needed.

Stopping Distance = Perception Time + Reaction Time + Braking Time How much distance is travelled before the car comes to a complete stop.

Dry & Smooth Road: Stopping Distance needed per speed limit



Wet & Smooth Road: Stopping Distance needed per speed limit



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Group Propane Buy

Superior Propane gets economies of scale in delivering propane and in having a predictable volume so Group Buy members benefit with a lower price than otherwise available in the market. A fixed price for the year is set in the July/August timeframe.

For more information contact:

taycewakefield@yahoo.ca or davelawrence@gmail.com





Haliburton-Muskoka-Kawartha Children's Water Festival (HMKCWF) Local Water Festival for the Kennisis Lakes

https://www.hmwaterfestival.ca/

Traditional water festival activities are planned to engage children in grades 3-6.

About Us

The Haliburton-Muskoka-Kawartha Children's Water Festival is a project of Friends of Ecological and Environmental Learning (FEEL). The first festival was first presented in 2005. It is now an annual fall event



The Haliburton-Muskoka-Kawartha Children's Water Festival brings together the expertise of educators, water quality and quantity specialists, community volunteers, conservation groups, industry and government to provide elementary students from Haliburton, Muskoka and the City of Kawartha Lakes with the opportunity to discover the importance and diversity of water.

The purpose of hosting a Children's Water Festival is to educate students on the importance of water quality, how the water (hydrology) cycle works, what each person can do to maintain and/or improve water quality so that future generations will have the water resources required to maintain human and animal populations. It is also important to educate students that what happens in the Muskoka and Haliburton Watersheds will impact upon communities, habitats and wildlife populations down stream. Given the reliance of the regional economy on our natural resource base, the wise use and protection of our resources, particularly water, that grows out of knowledge is essential to our continued well being.

Our Mission

The Haliburton-Muskoka-Kawartha Children's Water Festival inspires children in our region to become wise stewards of water and related systems through educational and fun hands-on activities.

Learning in Context

Water covers 75 per cent of the planet, and also makes up about 75 per cent of a person's body weight. Water is essential for all life on Earth. Without it, nothing lives and nothing grows.



Civilization depends on the availability of water – water to grow food, water to drink, water to wash with, and water to travel on and enjoy recreation in, on and around. All cultures and faiths around the world recognize the sanctity of water. Throughout history, water has turned mill wheels, carried ships, provided steam and produced electrical power. Today, water continues to be essential to the health of human beings and the overall natural environment, as well as our economies. For example, water is an essential element for a vast array of industrial processes.

In Ontario, we enjoy what appears to be a super-abundance of water. The word 'Ontario' is actually from a Haudonasonee (Iroquoian) language and means 'beautiful water' or 'sparkling water'. There are about 250 000 lakes in Ontario, and water covers about one sixth of our province. Nearly 17 per cent of Ontario's land area consists of lakes and rivers, many of which form the province's boundaries, like the Great Lakes and the Ottawa River.

Ontario residents and businesses draw 58 per cent of their water supply from lakes and rivers (surface water), and 42 per cent from ground water. However, human activities can negatively affect water sources, sometimes with irreversible outcomes. Fortunately people are beginning to realize much of our water supply is becoming contaminated and over-utilized. This in turn can endanger the health of people, plants and wildlife. In order to keep water sources clean and plentiful, human behaviour must change.

Some other interesting water facts include:

- Water consumption usually drops 18-25% after a water meter is installed
- One litre of oil can contaminate up to 2 million litres of water
- Many homes lose more water from leaky taps than they need for cooking and drinking
- A five minute shower with a standard shower head uses 100 litres of water, while the same length of shower with a low flow shower head uses only 35 litres
- A single lawn sprinkler spraying 19 litres per minute uses 50% more water in just one hour than a combination of ten toilet flushes, two five minute showers, two dishwasher loads, and a full load of clothes

These and other water facts can be found on the <u>Government of Canada's Water & the Envi</u>ronment Website or the <u>Safe Drinking Water Foundation's Facts page</u>.

KLCOA Continues to Focus on Natural Shorelines for a Healthy Lake

RESILIENT SHORELANDS

The **Littoral Zone** extends from the water's edge to where sunlight no longer penetrates to the bottom of the water. This is where docks are built and people swim. However, we share this area with an incredible array of biodiversity as up to 90% of lake species (e.g., pike, ducks, otters and turtles) are born, raised, fed, or live in the littoral zone.

The **Shoreline** is the edge where the land and water meet. The mix of plants, shrubs, and trees form an intricate web of roots, foliage, and fallen limbs that hold the waterfront together and fend off erosion from wind, rain, boat wakes and ice.

I'm at

The **Riparian Zone**, also known as the Ribbon of Life, extends inland from the shoreline for at least 15 metres and may be flooded during high water periods. It is a natural buffer protecting the shoreline, water quality, and natural habitat both on land and in the water. It is made up of trees, shrubs and grasses that absorb excess nutrients (e.g., fertilizers) and pollutants (e.g., seepage from septic systems, oil, gas and pesticides) before they can contaminate the water.

The **Upland Zone** is a drier forested area with better drainage compared to the riparian zone. The deep roots of trees stabilize the slope, the foliage buffers the effects of wind, the canopy cools its surroundings, and plants provide habitat for deer, birds, porcupines, grouse, rabbits, and many other creatures.

Riparian

Shoreline

Littoral

Upland

Supported by: Janet Taylor Mark Snider Glenn Tunnock Mary Rae





The Land

Between

Watersheds

PLANNING FOR

KLCOA Shoreline Restoration Program 2024 Healthy Shorelines = Healthy Lakes!

Natural plants in your shoreline property areas help to control erosion, create a windbreak or buffer and shorelines with native species create areas for wildlife habitat. Restoration of damaged or degraded shorelines with native plant species also helps to reduce phosphorus and nitrogen compounds from entering our lakes from septic systems. Removal of these nutrient compounds before they enter the lakes helps to keep our lakes healthy and reduces the likelihood of Blue Green Algae blooms.

Over the past few years, the KLCOA has sponsored programs that provided over 10,000 tree and shrub seedlings to support shoreline health on our lakes.

For 2024, we are partnering with two local Haliburton Organizations to deliver shoreline restoration programing with planning, plants, planting assistance and shoreline health maintenance advice.

This year we are happy to announce that we have partnered with Haliburton County Master Gardeners and Abbey Gardens who both have experience with shoreline restoration with a focus on protecting the water in our lakes and the natural environment in our region.

The 2024 Shoreline Restoration partners are supported by the Watersheds Canada Natural Edge program which has tools to help with assessment of your existing shoreline, personalized planting plans and selection of species as well as advice for keeping your new plants healthy. Additional details about the Natural Edge Program can be found here: <u>Natural Edge Program</u>

If you choose to participate in a shoreline restoration for your property through one of the partners, the following will be provided:

- Shoreline restoration site visit and planning including plant selection and planting locations.
- Native trees and shrubs are available and additional plants can be purchased if desired.
- Planting support during the shoreline restoration work.
- Advice on care and watering for your plants to ensure a high survival rate.

Cost for the shoreline restoration program will be approximately \$500 per site. There will be a requirement for the participants to take part in the planning activities as well as the planting activities. If you choose the option of a shoreline restoration you will receive a site assessment and planting plan, acquisition of planting materials, site planting and site planting report. If you are interested in this option, please go

Abbey Gardens Website – https://abbeygardens.ca/shoreline/ or

Master Gardeners Website - https://www.haliburtonmastergardener.ca/ for more details.

The Haliburton County Master Gardeners and Abbey Gardens are committed to supporting community efforts to improve shorelines on local lakes through education about shoreline naturalization and the provision of appropriate plants.







Plant-Based Proteins Offer Health Benefits in a Meatless Meal

Bailey Franklyn is a Kennisis Lake cottager and a Culinary Dietician who loves sharing her passion for making easy, healthy meatless meals. Below is a sample from her complimentary "Summer Salads Recipe Book" offering 21 super simple plant - based summer salad recipes. If you are interested in the free recipe book, go to her website listed or email her. The addresses are shown on her ad, on page 44.



Beet & Snap Pea Salad with Strawberry Balsamic Dressing

4 servings 15 minutes

Ingredients

- 8 cups Mixed Greens
- 1 Beet (medium, shredded)
- 1/2 cup Red Onion (thinly sliced)
- 1 cup Snap Peas (halved)
- 2 cups Strawberries (chopped, divided)
- 1 cup Walnuts
- 2 tbsps Balsamic Vinegar
- 2 tbsps Extra Virgin Olive Oil
- 1 tbsp Raw Honey
- 1/2 tsp Sea Salt

Directions

- Combine the mixed greens, beets, red onion, snap peas, half of the strawberries, and walnuts in a large bowl.
- 1

1

- 2 Add the remaining strawberries, vinegar, oil, honey, and salt to a blender and blend on high until a smooth consistency is achieved.
- 1
 - 3 Drizzle the dressing over the salad and enjoy!

Notes

Leftovers: Best enjoyed immediately. The salad and dressing can be kept separately in the fridge for up to four days.

Serving Size: One serving is equal to approximately 2 1/2 cups.

More Flavor: Add a bit of cayenne to the dressing for a little kick.

Additional Toppings: Goat cheese and fresh dill.



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Let's Get It Right !

The next 2 pages offer valuable information for all boaters. Be knowledgeable about responsible boating information.....

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Kennisis Lake Cottage Owners Association provides cottagers with the **Boater's Code** for safe boating. In addition, <u>www.klcoa.org</u> offers important information for boaters while enjoying time on the water. E-modules about boating laws, sports and towing people, using a personal watercraft, boating at night, landing and departing your boat provide safety rules shared by various organizations. Safe Boating Webinar series is also offered in order to further educate our boaters or help parents/guardians teach our new boaters the correct information about boating safety. <u>This new section on our website</u> offers a wealth of knowledge and we hope that it will be a useful resource for everyone.

Visit <u>https://klcoa.org/boating/becoming-a-better-boater/</u> for more information and the option to download the boater's code.



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We have placed distinctive yellow floating marker buoys at the most hazardous rock and shoal locations on the lakes. These locations, as well as others to be marked in the future, are shown on the Navigational Hazards map found on the KLCOA website (www.klcoa.org).

A Parks Canada dam controls the water levels of the Kennisis Lakes, which typically vary up to six feet from Spring to Fall. This results in a continually changing pattern of navigational hazards. Navigational hazards that are safe at high water may not be safe as the levels drop.

As some rock formations are large, often extending far beyond the buoys, boaters are advised to give the buoys a wide berth.

The buoys are placed in the lake annually in the spring and removed for the winter in the fall.

We would welcome suggestions from the Kennisis Community about additional locations you deem hazardous to boating.

NOT ALL HAZARDS ON THE KENNISIS LAKES ARE MARKED! IT IS THE INDIVIDUAL BOAT OPERATOR'S RESPONSIBILITY TO AVOID NAVIGATION HAZARDS!

The program does not guarantee or even suggest that unmarked hazard locations can be safely navigated. The primary responsibility for a safe boating experience rests with the individual operator of a watercraft. Boat operators should follow the instructions on safe boating learned when preparing for and obtaining their Pleasure Craft Operators Card. All boaters should use common sense when travelling near shorelines, islands and areas displaying tell-tale signs of possible shallow water and/or underwater hazards, which may not be marked with buoys.





The KLCOA and its directors and officers take no responsibility for injury to boaters or damage to boats as a result of contact with navigational hazards.

We are indebted to the Federation Ontario of Cottagers' Associations (FOCA) which has shared with us their considerable research of the regulatory and liability issues associated with this program.

and shoal locations on the lakes. The future, are shown on the Navigati (www.klcoa.org). A Parks Canada dam controls the war

Additional Marker Buoys

Additional locations for markers are identified by community members on an ongoing basis. The KLCOA Hazard Marker committee determines whether to deploy new markers based on the KLCOA Navigational Marker Guidelines.

No Wake Marker Buoys

The KLCOA also coordinates the deployment of "NO WAKE" markers in some of the narrow channels such as the Cabin Island and Blueberry Islands channels to remind boaters to limit speed and reduce wake in these areas that are popular swimming and recreation locations.

Please stay safe and enjoy your boating experience on our beautiful Kennisis Lakes.

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Sargent Moffatt Reinforces Life Jackets

"Over the past 13 years on Ontario's lakes, **80% of fatalities** were people **not wearing a life jacket or PFD**. The biggest cause of boating deaths is not collisions or even impaired boating – it's accidentally falling overboard."

Sgt. Dave Moffatt, Provincial Marine Coordinator for the OPP, told stakeholders that fatalities can happen on any type of vessel, human-powered or motorized.

"Currently, it is the law for vessels (including stand up paddleboards, kayaks, canoes, paddleboats) to have life jackets or PFDs for occupants, but not mandatory to wear them. That may soon change. Ontario has announced pending legislation to make it mandatory for children 12 and under to wear a life jacket or PFD on a boat underway. Parents or guardians could be subject to fines if they do not."

Transport Canada will also be launching public consultations on mandatory wearing of life jackets and PFDs.

Look for a lifejacket or PFD with a label that says the device has been approved by any of the organizations below:

- Transport Canada
- Canadian Coast Guard

Fisheries and Oceans Canada but

it won't work if you don't wear it.

The 2024 Rock Bass Derby

This year, the rock bass fishing derby, organized by Mike and Kelly Neely is supported by U-Links and OFAH to encourage

the use of Lead-Free Fishing Tackle.



Lead fishing tackle is a major contributor to loon mortality.

Lead tackle drop off and Lead-Free tackle samples will be provided by U-Links.



Help decrease the invasive rock bass population in our Lakes and

Let's Get the Lead Out On July 6th 2024

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The Municipality regulates the dates and permitted times for the setting off of *Consumer Fireworks* within Dysart et al.

Fireworks are permitted on:
New Year's Eve (December 31) from 8 p.m. to 1 a.m.
Victoria Day weekend (Friday, Saturday, Sunday, Holiday Monday) from 8 p.m. to 11 p.m.
Canada Day from 8 p.m. to 11 p.m. (2022: you could light fireworks on Friday, July 1; Saturday, July 2; Sunday, July 3)
August Civic Holiday weekend (Friday, Saturday, Sunday, Holiday Monday) from 8 p.m. to 11 p.m.
Labour Day weekend (Friday, Saturday, Sunday, Holiday Monday) from 8 p.m. to 11 p.m.
Flying lanterns (sale and use) are not allowed in the Municipality of Dysart et al

Besides Our Protection from Bug Bites, Our Pets Need Protection Too!

Ticks and tick-borne diseases are now established in Ontario and it is important that people understand how to protect themselves and their pets from both ticks and fleas.

Although the past two months have been generally cold, **ticks** are still burrowing into our pets because of the recent fluctuating temperatures. Ticks begin to move and search for a host as soon as the temperature reaches 0 ⁰ C. Our changing climate means that we now need to be aware of tick prevention and the dangers of ticks year round.

Cats may have a tick attach on them but they do not develop Lyme disease, unlike people and dogs. Using prevention on your cat decreases the risk of live ticks falling off in your home and the potential exposure for your family, as well as preventing fleas.

Fleas are small, parasitic insects that feed by sucking blood from mammals and birds. Fleas can be picked up anywhere, including; dog parks, on trails, or anywhere an infected dog has been. Though adult fleas feed off the bodies of animals, they jump off to lay their eggs and can move easily from animal to animal.

Why Prevention Year Round now?

- Ticks do not die under the ice and snow they are just lurking and waiting for the temperature to rise above 0 °C.
- We still had days at or above 0 ⁰ C during January and February this year! The warm weather not only increases the numbers of ticks, it also means fleas are back as soon as the temperatures each 13 ⁰ C. Luckily, there are preventions that kill ticks and also will kill the pesky fleas!

When to start Tick and Flea prevention?

NOW! if you haven't already, please begin as soon as possible.

What to use?

You have the option of chewable tablets, topical prevention, a combo of both or natural products. You decide what is best for your pet or consult with your veterinarian.

Check your pets regularly. Most common areas to find fleas or ticks are in the ears, around the eyes, around the collar area, between the toes, or on the belly.





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