

Kennisis Lake Cottage Owners Association

Kennisis Breeze

Let's Bring Some Tranquility to Kennisis Lake

Saturday August 12th – KLCOA Dark Skies Night (by Tracy Stewart)

One of the joys of being at the cottage is the thrill of seeing the magnificent night sky that many of us can never experience at home in our urban environments. But outdoor lighting at our cottages can create light pollution, obscuring our views of the stars. You may not be aware that the light outside your cottage and at or near your shoreline is reflected and magnified across the water, impacting your neighbours. It also adversely affects many plants, animals and insects by disrupting their nocturnal behaviours.

Join us in observing our first Dark Skies Night on Saturday August 12th from 9pm onward.

At nightfall, please turn off all exterior lights and dim your interior lights. Go to your dock or your deck and take in the glory of the Milky Way, planets, shooting stars and satellites that will be more visible with the dark skies. Download a star gazing app, and bring a pair of binoculars or a telescope.

As an added bonus, the peak of the Perseid meteor shower this year is on the night of August 12 until before dawn on August 13:

"The August Perseid meteor shower is rich and steady, from early August through the peak. Plus ,the Perseid meteors are colorful. And they frequently leave persistent trains. All of these factors make the Perseid shower perhaps the most beloved meteor shower for the Northern Hemisphere. Under a dark sky with no moon, skywatchers frequently report 90 meteors per hour, or more. In 2023, the waning crescent moon will not interfere with the meteor shower." www.earthsky.org

Together let's increase our Dark Sky awareness! Links for more Information:

Visit <u>www.darksky.org/</u> to learn about these following topics:

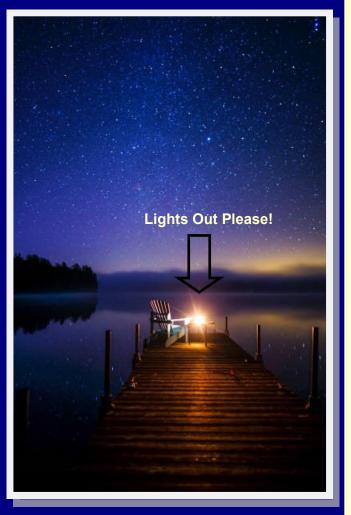
What is Light Pollution

Light Pollution Effects on Wildlife and Ecosystems

Five Lighting Principles for Responsible Outdoor Lighting

Why Dark Skies?

Perseid Meteor Shower 2023 – All You Need to Know



A Message From Our President, Deb Wratschko

The summer of 2023 is in full swing!

A number of KLCOA events and programs are already complete and we are looking forward to the next. Art on the Dock, the Regatta and a picnic on Norah's Island are only a few of those coming up along with a number of exciting events at the Marina's event tent.



This year we are offering something new in August. A **Dark Skies Night** will be held on Saturday, August 12. **Join us in observing our first Dark Skies Night from 9pm onward.** At nightfall, please turn off all exterior lights and dim your interior lights. Go down to your dock or out onto your deck and take in the glory of the Milky Way, planets, shooting stars and satellites that will be more visible with the dark skies. Download a star gazing app, and bring a pair of binoculars or a telescope. As an added bonus, the peak of the Perseid meteor shower this year is on the night of August 12 until before dawn on August 13. Check this newsletter, eblasts and our website for more information and resources.

The **Haliburton Home Hardware Building Center** is joining the KLCOA again as a major sponsor to our events. Susan Marlow has also donated her proceeds from her last years pickleball clinics to the 2023 Regatta. Thank you **Haliburton Home Hardware Building Center** and Susan Marlow and her pickleball students for their generous donations. Please show your support by shopping local and patronizing **Home Hardware** and those of our other advertisers.

Summer is a busy time at the Lake. Traffic on both land and water is heavy. As you enjoy boating on our Lakes, please be respectful of others and be aware of your surroundings and how you are affecting them. Obey the rules of the water but also be aware of how your individual watercraft affects the area around you including shorelines and docks. It may be that you need to slow down or stay further way from shore and other boats to minimize your impact. Check our website for more details on boating safety and etiquette at www.klcoa.org

On land, slow down and share the road respectfully. Walkers, bikers and vehicle operators are all entitled to use the roads.

2023 is an election year for the KLCOA board of directors. Your present Board of directors are to be congratulated for their commitment to the Kennisis Lake community. During their term, they have initiated and completed many projects to make out lake community a better place. Well done to all of the directors!

If you are interested in running for a place on the board, contact myself or nomination director Joan Middleton. All nominations must be received by July 31.

Thank you to all of the wonderful volunteers that participate with the KLCOA at events and programs, on committees, and on the board. Your time and commitment is always appreciated!

Have a safe and happy summer!

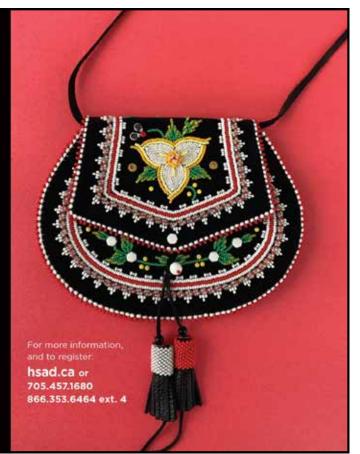
Deb Wratschko, KLCOA President

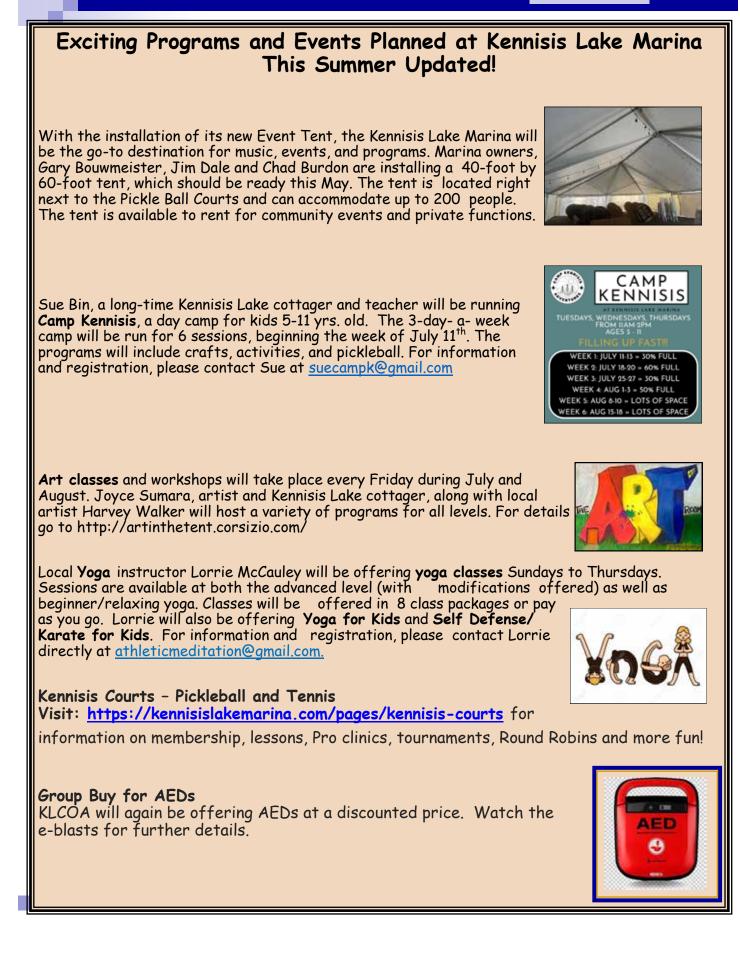


DISCOVER a Creative Passion

This year's summer program features approximately 224 courses, including more than 55 new classes to explore: Contemporary Rug Hooking, Jewellery – Casting Organics, Art as Activism, Sculptures with Light, Folk & Appalachian Old Time Music, Photography – Darkroom Basics B & W Analog, Making Comic Art & Selling Your Work, Forging – Damascus Steel Construction, Woodworking – Tool Making, Stained Glass Workshop, Basketry – Obelisk Lantern Workshop, Denim – Decorative Mending Workshop, plus many more to choose from.

> Naomi Smith, HSAD faculty member Trillium Bag





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Live music @ Smoke on the Water- Every Friday and Saturday

Camp Kennisis: Tuesday-Thursday, Weeks of July 11, 18, 25, August 1, 8, 15

Art- Open Studio and Classes-Fridays

Yoga - Sundays to Thursdays

July 22- Poker Run*

July 29- Halloween in July*

July 29- St. John's Ambulance will be presenting a 3-hour First Aid/CPR hands-on skills presentation. Note that you will walk away with the knowledge to make a difference in the Chain of Survival. First aid topics include CPR and AEDs, choking, drowning, cuts, bites and EpiPens. Note: This is not a certification course. If there is enough interest, a certification program may be offered in the future. Time options: 9 am – Noon **Or** 12:30 pm -3:30pm Each Class is limited to 25 participants.

Location: – Event tent @ Kennisis Marina

Cost: \$40/person

Any questions! contact: Brenda Lobraico @416-271-4958 or brendalobraico@gmail.com

August 5- KLCOA Regatta*

Comedy Night*

August 6- Storyteller- Bob Graham*

August 12- Corn Hole Tournament

August 15- Euchre Tournament*

August 19- Kennisis Courts Annual Pickleball Tournament**

August 22 Stencil Your Own Cottage Pillow cost: \$55.00, You will go home with your own handcrafted stenciled pillow. Includes pillow insert and use of all materials to create your own cottage pillow. To secure your spot for you and a friend, e- transfer money to: Brenda.lobraico@gmail.com or text to 416-271-4958

August 23- Kennisis/Stanhope Pickleball Tournament**

August 26- Rock on the Dock @ the Bouwmeisters

September 2 -Comedy Night*

* Details coming soon.

****Members only**- Spectators and Cheerleaders welcomed! For Pickleball membership inquiries, please contact Lisa Dale at cottagecourts@gmail.com

How can I rent the tent?

For information on renting the Kennisis Event Tent, or if you are interested in running a program, please contact Sheelagh Lawrance and Liz Austin at **kennisiseventtent@gmail.com**

How do I find out more?

The following page lists the programs and events planned and confirmed as of time of writing. For the most up to date information, visit the Marina Website at <u>www.kennisislakemarina.com</u> and click on "Events".

Events and Programs will be announced on social media. You can follow the Marina on Instagram or check out Facebook posts on "*Kennisis Lake is Better than Your Lake"* or *Pickleball@The Lake*.



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Our First Summer Event: LADIES OF THE LAKE LUNCHEON

A BIG THANK YOU goes out to Phylis Walton who offered to host the luncheon this year. However, due to weather concerns, the luncheon was moved to the event tent at the Marina. Thank you, Kennisis Lake Marina! Many thanks to Liz Austin and Sheelagh Lawrance for co-organizing the event.









So, what do 100 ladies do in a tent?

REMINISCE, SHARE NEW LIFE STORIES, EAT AND LAUGH!















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We learned about::



The Regatta



Kids Camp







Pickelball

Art in the Tent



Art on the Dock

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And we even learned about dress sizes!!

News Updates





Kennisis Lakes Water Quality Update of 2022

Our Water Quality (WQ) testing continued in 2022 and the results showed that although our Kennisis lakes are still in relatively good shape from a water quality perspective, the trend however, is showing higher nutrients over time which indicates a degradation in our water quality.

We still have higher than normal Total Phosphorus (TP) results in the east bay of Little Kennisis which could be from septic systems or perhaps fertilizers. TP values were lower in the spring and peaked back up in the fall.

These results represent a sober warning that we need to take immediate action to preserve our water quality on the Kennisis Lakes. As the representative from the MOECP reminded us, it's entirely up to us to maintain the health of the water in our lakes - no one will do it for us. For 2022, the KLCOA partnered with Woodlands and Waterways EcoWatch (WWEW) to develop a pilot water quality monitoring program which is expected to expand to lakes across Haliburton County. In 2022, WWEW and Lake Association citizen scientists sampled water quality parameters from 35 sites on 24 lakes plus a reference lake in Haliburton Forest. This program represents a broadscale monitoring objective of having water quality data that is comparable across lakes within the County and with neighbouring regions. See the full 2022 KLCOA WQ report at www.klcoa.org

Redstone Rentals



LET YOUR COTTAGE EARN MONEY FOR YOU!

RENT OUT YOUR COTTAGE TO COVER COSTS!

We understand that owning a property in the Haliburton Highlands can be costly. Renting can be a great way for property owners to get the most out of their cottages, but where should you start?

Call/text Ted or Ben, or email info@redstonerentals.com and we'll be happy to help you get started!



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Owned and operated by long-time resident of Redstone Lake

TICO certified (Reg. #50020943)

Helping owners rent their property since 1994

Specializing in the Redstone and Kennisis Lake Area

Detailed renter screening

Renters only confirmed upon your approval!

REDSTONE RENTALS INC www.redstonerentals.com

Ted: (705) 754-1511

Ben: (905) 926-4200

info@redstonerentals.com



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Why This Recipe? By Valentina Fagg

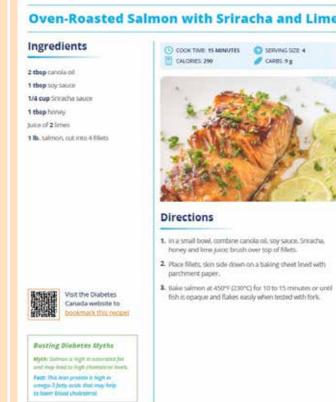
Years ago, my parents use to own a billiard hall in Collingwood, ON. My mom was pretty strict with the regular customers and took a "no nonsense" approach with the teenagers. Every time they swore, she would make them put 25 cents in the "swear jar" and when it was full, she would donate the money to the Diabetes Assoc.

I have been sorting through many of her possessions and often donate them to Diabetes Canada to honor her approach at the pool hall.

Diabetes Canada now sends me newsletters regularly as a means to educate us about healthy lifestyle choices. I have been encouraged to share information with others. This recipe for salmon comes from their e-book, "Eating for Wellness" and can be found on their website,

www.diabetes.ca along with many other useful tools.

I am sure that lake trout from Kennisis Lake would taste wonderful using the same ingredients! Enjoy!



Eating for Wellness

KLCOA Fall Meeting:

Our annual Fall meeting will be conducted through an online format this year, tentative date is September 7th.

Hybrid meetings are just not possible yet due to the challenge with connectivity.

More details will be available through our eblasts.

Stay tuned!



1012 Garden Gate Drive, Haliburton, ON (705) 754-4769 • www.abbeygardens.ca

Oven-Roasted Salmon with Sriracha and Lime

SETTE & MILDING TANK PUMPINE & INSTALLATIONS ENDED HER PROVIDE SETTING

Serving Haliburton & Kawartha Lakes

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> YEAR ROUND SERVICE





Many thanks to all of our contributing artists! Many thanks to all of the visitors who viewed or purchased pieces of artwork. Despite worrying about the rain, everyone was greeted with friendly smiles and eager to talk and answer questions. Thank you to Janis Parker for organizing and sponsoring this event again this year!











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Call Greg today for a free, no obligation, opinion of value.

"Greg was extraordinarily professional, knowledgeable and we knew he was going to go above and beyond for us. From the initial research to the marketing, Greg put together an excellent strategy and executed it with perfection. We were extremely happy with Greg representing us as sellers and highly recommend him."

Joe Quatraro

"The man is tenacious. Greg's outstanding results are not by chance or by opportunity. Razor focus and a well-executed market strategy generates superior outcomes for buyers and sellers. Don't settle for a good Realtor®, choose Greg for exceptional representation."

Patricia Cousins

"Greg is extremely personable, knowledgeable and responsive. Having worked with several particularly good realtors over the years, we have to say that Greg is the best and we would definitely use him again."

Peter Fredericks and Patricia Russell

"He is knowledgeable, honest, and has the utmost integrity. He truly creates a relationship and trusted partnership between the client and himself. Greg stands out beyond, beyond I can't say enough about him as a professional, I can say he's a delight to work with and I am honoured to share a 100% endorsement of Greg McInnis as the ultimate real estate professional."

Marilynn Booth

"The value Greg brings is one of true partnership where the stress and time it takes to complete a transaction is minimized through his hard work, efficiency, expertise, and support. You are in good hands with Greg – he makes real estate exciting and worry-free at the same time!"

Susan Good, Dave Mann, Lauren Wale and Chris Wale

"It is my pleasure to recommend Greg for all your real estate needs. I can't say enough good things about him. He is knowledgeable, proactive, trustworthy, always reachable and incredibly good at what he does."

Celia Ciotola



Greg McInnis BComm, REALTOR®, Sales Representative C: 705854.2111 | greg@gregmcinnis.com | thatcottagelife.ca

Recipient of the Chairman's Award for the Past 7 Consecutive Years Chestrut Park Top Award for Sales Performance 2016 - 2022

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KENNISIS COTTAGE RENTALS



Contact Lea Harper for an on-site evaluation of your rental potential. 705 754-4678 or www.kennisiscottagerentals.com

Kennisis Cottage Rentals handle a wide spectrum of lakefront accommodations in Haliburton County. We have been matching guests with just the right cottage since 2006. We know what vacationers want, and as fellow cottagers, we understand your pride of ownership and attachment to the lake.

A permanent resident of Kennisis Lake for 20 years, and seasonal resident for 50, owner/manager Lea Harper specializes in Kennisis and Redstone Lake cottages.

And it's hassle-free income' Kennisis Cottage Rentals handle everything from the ground up the cost of marketing, the careful screening of applicants, bookings, contracts and the processing of rental payments.

Kennisis Cottage Rentals Inc. is a trusted member of the Travel Industry Council of Ontario (Tico) 1017 Labyrinth Lane, Haliburton, ON KOM 1 SO info@kennisiscottagerentals.com www.kennisiscottagerentals.com 705 754 4678



Photo courtesy of the British museumm



TORONTO REGATTA.
On THURSDAY, AUGUST 1, 1839.
STEWARDS.
His Worship the Mayor of Toronto,
Thomas Carfrae, Esq. Harbor Master. Capt. Richardson. Capt. Markham, 32d Regt. B. Turquand, Esq.
MATCH FOR THE PRIZE SKIFF.
Bost. Romar. Station. Colour. Traveller - John Iredale - Inside - Red & Blue.
Traveller - John Found Not Red Providence Rob Renardson Nott outside Red Rose - Joseph Gooden Nott outside - Vellow. Shamrock - James Sparks - Outside - Eline.
Rose Joseph Gooden - Next outside - Yellow.
SECOND HELT
Lilly James Gooden Inside Green.
Lally James Goeden - Inside Green. Swallow - Join Handlan - Outside - Pink. Swiftsure - Robert Hill - Middlo - White.
THIRD HEAT.
To be rowed by all the Boats except the Winners of the 1st and 2d Heats.
FOURTH HEAT. To be rowed by the Winners of the 1st, 2d and 3d Heats.
http://omeka.tplcs.ca/virtual-
exhibits/files/original/d4dc70316726a4ee80e0a409bbe08b75.jpg



THE KLCOA **REGATTA; 60 YEARS** AND COUNTING

Natalie Wood History of the word "regatta"

Regatta is an old Italian word, first associated with Venice. Anyone who has been to Venice can appreciate that the etymology of the word regatta finds its roots in the "City of Water'. Regatta first meant to compete, haggle or sell but quickly became associated with the idea of boat races and then other events linked to water and or at the water's edge.An extremely detailed map of Venice, by the artist Jacopo de Barbari, etched in the late 1400's, shows boat races in the Grand Canal and the word "Regatta" printed on the map. It is thought that the gondoliers of Venice were the first to hold regatta boat races to show off their boating prowess.

By the 1800's, the word regatta became the synonymous for boat competitions worldwide. The Royal St John's Regatta is considered to the oldest organized sporting event in North America. Early historical records list 1816 as the first recorded event in Newfoundland's Quidi Vidi Harbour. In its early days the boat races were held over three days and "old fashioned gigs and yawls and long boats were manned by brawny sailors and fisherman who won monetary rewards and fleeting fame and the plaudits of a merry crowd of holiday makers" (Stjohnsregtta.ca).

The Royal Gazette newspaper published an advertisement for the regatta in 1816;

"We understand a rowing Match will take place on Monday next between two boats, upon which considerable Bets are depending. They are to start at half past One o'clock from along side the Prison Ship."

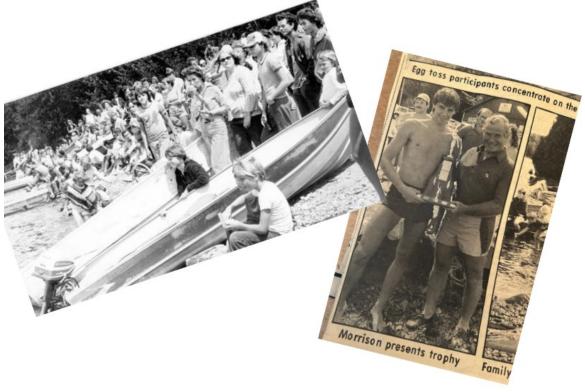
By the end of the 19th century, regattas were one of the most popular sporting events in Toronto and attracted thousands of people to the waterfront. It's easy to see how the idea of the "cottage regatta" quickly sprang into action and have become a long- standing tradition of events and friendly competitions.

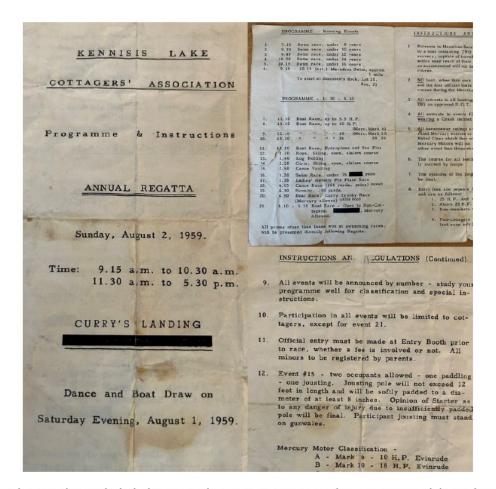
THE KLCOA ANNUAL REGATTA

THE FIRST ANNUAL KLCOA REGATTA WAS IN AUGUST OF 1958, AT CURRY'S LANDING, AND HAS RUN, ALMOST, CONTINUALLY SINCE THEN. (THE FIRST TWO YEARS OF COVID, IN 2020 AND 2021, KNOCKED OUT THE IDEA OF LARGE GROUP GATHERINGS AND THE IN SUMMER OF 2021 THE KLCOA IMPROVISED AND HELD A SUMMER FUN VIRTUAL REGATTA.)

THE KENNISIS LAKE REGATTA EVENTS HAVE CHANGED OVER THE YEARS, BUT THE CORE SWIM AND BOATING RACES ARE STILL THE STRONGHOLD EVENTS OF THE DAY. THE REGATTA IS FOR THE YOUNG AND OLD ALIKE AND NO ONE GOES HOME WITHOUT PROCLAIMING REGATTA DAY AN EPIC DAY. COMPETITION IS THE GOAL BUT FUN FIRST IS THE EMPHASIS. IT'S A TIME FOR CHILDREN TO SHOW OFF THEIR SWIMMING PROGRESS AND FOR LONG TIME COTTAGERS TO KEEP THE MEDAL AND TROPHY WALLS OF THEIR COTTAGE WELL STACKED. REGATTA'S WERE THE HIGHLIGHT OF THE SUMMER AND A GREAT GET TOGETHER FOR LAKE FAMILIES AND FRIENDS.

LOOKING BACK ON A 1959 REGATTA PROGRAM, ONE CAN SEE AN ARRAY OF SWIM RACES FOR AGES 8-16, WHERE THE ONLY INSTRUCTIONS WERE TO "JUMP IN AND SWIM" AND "NO LIFE PRESERVERS TO BE WORN".THE RACES USED TO BE HELD ON THE JOHNSON'S DOCK (LOT 20, SEC.2). THE SWIM RACES WERE ALWAYS HISTORICALLY HELD IN THE MORNING. THE FLYER ALSO LISTS A SERIES OF AFTERNOON SPEED BOAT RACES, WATER SKI SALMON COURSES, CANOE VAULTING, THE WOMEN'S PIE PLATE CANOE RACE, LOG ROLLING AND THE MERCURY MOTORS "ALLOWED" BOAT RACE.





Some basic rules included that marathon swimmers must be accompanied by a boat, that entrants in the motor racing categories must wear a crash helmet and that "the opinions of the judges in all matters will be final". Cottager, Louise Lenart, shares a memory of the one and only year she was the spotter for her husband, Doug.

"Doug loves to swim, and has always participated in the swim events at Regatta, especially the marathon swim. Each marathon swimmer requires a spotter to stay close to the swimmer. One year, he asked me to be his spotter. I packed our two young toddlers, coolers, towels... into our little 6hp tin boat, which I had practiced with for days, to be able to be his spotter. (There was not the requirement back then that the spotter needed to be in a non-motorized boat.)

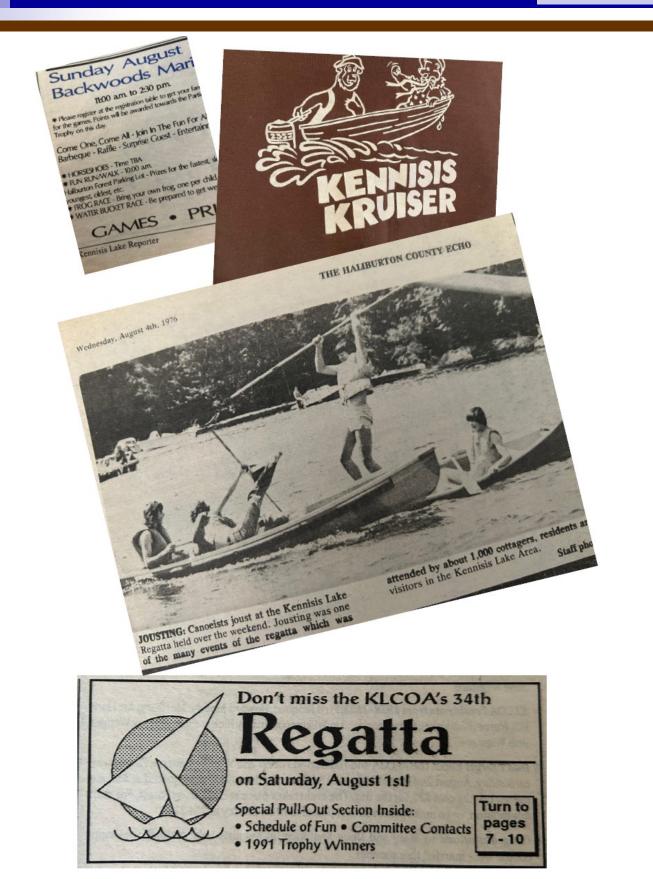
We got to the start- up line, and the starter yelled go. I yanked at the pull cord to start the motor, and the cord came off in my hand. I was in panic mode, as Doug continued to swim ahead. I grabbed the oars and started rowing. My right arm is full of strength, but my left, not so much - I can row very successfully - in circles! Doug kept swimming! Eventually the rescue boat came to MY rescue, and towed me to the finish line. I don't even remember how Doug placed that year, but he completed his marathon swim well before I arrived.

I was never asked to be his spotter again!

Boat racing was a huge event in the heyday of the KLCOA Regatta, Kathy Glista, recalls that her father, Don Johnston, won one year with a cedar strip canoe and an 18 horse power motor. Larry Everitt's skill at motor boat racing quickly became a highlight and there are plenty of stories of skill and speed to keep one entertained for hours.

The 20th annual regatta (1978) held special water- skiing events in Paddy's Bay and listed Canoe Jousting and Trick Skiing events in the morning line up. The 1993 regatta flyer shows a new event at 11:00 am; "The Ski & Waterski Show complete with special prizes and extra points.

K.L.C.O.A.
20th Regatta - Saturday , August 5, 1978 - 10:30 a.m.
If rain, August 6, 1978 - 12:30 p.m.
4. Hanse
4. <u>MARATHON SWIM</u> - 9:45 a.m. Saturday - Island to Marina - Boat rowor and assistant with each swimmer
rower and assistant with each svimmer
IT Fain Angust 6th
B. MORNING EVENTS - 10:30 a.m.
1. Boat Parade
2. Swim Parce
 Swim Face - 6 years and under - boys and girls Swim Race - 8 years and under - boys Swim Race - 0 years and under - girls Swim Race - 10 years and under - boys
4. Swim Pace - 0
6. Strim Dear and years and under - 1000
6. Swim Race - 10 years and under - poys 7. Swim Race - 10 years and under - girls
 7. Swim Race - 10 years and under - girls 7. Swim Race - 12 years and under - boys 8. Swim Race - 12 years and under - girls 9. Swim Race - 14 years and under - boys
9. Swim Race - 12 years and under - dirls 10. Swim Race - 14 years and under - boys 11. Swim Race - 14 years and under - dirls 11. Swim Race - 14 years and under - boys
11. Swim Race - 14 years and under - girls
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- typ, Lange Jourting - 17 weave and over
14a Log Rolling - 17 years and over
14a. Log Rolling - 17 years and over 14b. Canoe Jousting - 16 years and under 15. Skiing - Water tricks (boards , feet , discs ,etc.) - own hoat
16. Trick Skiing - Open- own boat
Lot ILLOW DALLING - Open- Own Doct
C. APTERNOON EVENTS - 1:30 p.m.
2.170
17. Poat Pace - 6 H.P. and under - 1 lap
17. Foat Wace - C H.P. and under - 2 laps 19. Boat Race - 10 H.P. and under - 2 laps 19. Ladies Pie Plate Race - Rowboats - 4 per boat 19. Ladies Pie Plate Race - Rowboats - 3 laps
20. Boat Race - 55 H.P. and under - 3 laps
23. Canoe Race - Singles - 17 years and over 24. Swim Race - Women - 17 years and over
24. Swim Race - Women - 17 years and over 25. Swim Race - Men - 17 years and under - 2 per boat
for Rowhoat Race - Upen
20 Canoo Race - 10 Jour 2 man and / Monten
29. Cance Race - 17 years and over p and under - 5 laps
28. Canoe Race - 17 years and over - 2 men and 1 - 5 laps 29. Canoe Race - 17 years and over - 2 men and 1 - 5 laps 30. K.L.C.O.A. Trophy Race - 100 H.P. and under - 5 laps 30. K.L.C.O.A. Trophy Race - Family Members
 30. K.L.C.O.A. Hoppiny Members 31. Canoe Race - Pamily Members 31. Canoe Race - Open H.P 5 laps
 31. Canoe Race - Family H.P 5 laps 32. Curry Trophy - Open H.P 5 laps 32. Curry Trophy - North Shore vs South Shore
32. Curry Trophy - Open B.P. vs South Shore 733. Tug O War - North Shore vs South Shore
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- Clalow
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D. WATER MATTER Sector August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.m Faddy's Bay (bridge before dam) - Sected and August 19 - 9:30 a.
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1. Boys Slalom - 15 and under 5. Womens Slalom - 10 and 2. Girls Slalom - 15 and under - 15 and under 3. Boys and Girls Regular Skiing - 15 and under



Regattas used to end with a dance, complete with a live band and boat draw and sometimes even a raffle for the chance to win a new BBQ. Former marina owner, Marg Everitt tells a story of "keeping an eye on the teens" at the dances and making sure everyone was there for fun.

Every long- time cottager fondly remembers the dances and the bands that came to play. Sailing also was part of the regatta and soon spun off into its own separate Sunday event. As the cottage members grew, so did the regatta and more events were added and some, much to the sadness of many, were taken away mainly due to safety and insurance concerns. It would have been amazing to see Larry Everitt race across the lake or the 'Tug of War' between Kennisis North and South Shore and the ever-popular boat parade. Popular local cottager Scotty Morrison was said to be a fantastic MC and the ever -popular egg toss still draws an impressive turn out. The Regatta could never be successfully pulled off without the involvement and dedication of many volunteers and a "all hands on deck" approach and a tremendous amount of community spirit.

Sharon Emmerson; "I used to love the log rolling. My brother David Warrington used to race our boat every year and we have the "fastest boat on the lake" trophies to prove it!

Marie Ysselstein ; "Those regattas were so much fun. Back in the day you knew everyone and their family, good clean fun and fierce competition."



It seemed like every year on regatta weekend someone would light the dump on fire. We used to help to try and put out the fire with water brought in a large pop cooler in the back of a pick -up truck, all the while seeing glowing eyes staring out of the darkness in the surrounding woods Gary Durie

Regatta day was always big deal on the lake. The biggest event was the high-speed boat race that would take place right in marina's bay. One year, Larry Everitt (who had a real race boat) competed with two Sidewinders. He lapped them easily. It's hard to believe that races of that speed took place in that area and that no one was hurt. Carole Leighton







The ever popular log rolling is still a popular event at the regatta, although some years the log disappeared in the spring melt and a search party was needed to track down the log amongst the miles of Kennisis shoreline.

S



photo courtesy pf Karen Holmes Macdonlald

You are never too young or too old to participate in the regatta. There are medals to be won and long standing trophies to covet. The tradition continues on with lots of competitive races, stories of yesteryear and laughs and memories to last a lifetime.



Canoe races, photo courtesy of Philip Paradine

Announcing: Our 2023 Regatta

KLCOA 63rd ANNUAL REGATTA

Saturday August 5, 2023 - Kennisis Lake Marina (Rain Date Sunday August 6/23)

MORNING EVENTS:

9:00 am: **REGISTRATION TABLE OPENS:** Sign up for ALL EVENTS at the Registration Table Open to KLCOA Members only; To Renew or join, www.klcoa.org/membership OR sign up at the Registration tent (\$40.00 Cash/Cheque)

9:00 am 13 + Marathon Swim from Island to Marina Docks Harper Family Trophy 12 and Under Marathon Swim Island to Marina Docks **Bin Family Trophy** (ALL participants must be accompanied by a non-motorized boat) 10:00 am Horseshoe Tournament Begins McCann Family Trophy 10:00 am Swimming Races Begin - TROPHIES PRESENTED FOLLOWING ALL MORNING RACES 10:00 am Kids activities and face painting by our Kennisis Lake artists - in the EVENT TENT

BOYS		GIRLS				
1.	6 yrs and under	KLCOA Trophy	2.	6 years and under	KLCOA Trophy	
3.	7 & 8 yrs old	Fletcher Family Trophy	4.	7 & 8 yrs old	Jones Family Trophy	
5.	9 & 10 yrs old	Youell Family Trophy	6.	9 & 10 yrs old	Ashfield Family Trophy	
7.	11 & 12 yrs old	McLean Family Trophy	8.	11 & 12 yrs old	Butt Family Trophy	
9.	13 & 14 yrs old	McGowan Family Trophy	10	13 & 14 yrs old	Kuehnbaum Family Trophy	
11.	15 & 16 yrs old	Derek Fletcher Trophy	12	15 & 16 yrs old	Ketko Family Trophy	

MIXED: BOYS and GIRLS

13	Swim 4 yrs & under	Rodd Family Trophy	14.	Swim 12 yrs & under	Read Family Trophy
15.	Flipper 12 yrs & under	Little Kicker Trophy	16.	Flipper 13-16 yrs	Middleton Family Trophy
17.	T-Shirt 12 yrs & under (4/TEAM)	Lenart Family Trophy	18.	T-Shirt 13 - 16 yrs (4/TEAM)	Lenart Family Trophy
	MEN			WOMEN	
<u>19</u> .	17- 29 yrs old	Bill Philp Trophy	20.	17 - 29 yrs old	D.Mackenzie Trophy
21.	Over the Hill (30 yrs.+)	Westwind Trophy	22.	Over the Hill (30 yrs.+)	Boomstick Trophy
23.	ALL STAR (13 yrs.+ TOP 3)	Stone Family Trophy	24.	ALL STAR (13 yrs.+ Top 3)	Robert Beattie Memorial
25.	55 + yrs old	Remax Trophy	26.	55 + yrs old	Remax Trophy

SEE NEXT PAGE FOR AFTERNOON EVENTS / DETAILS



Enjoy "Smoke on the Water" for food and refreshments from 10:00 am - 8:00 pm

Ser Ser

1:00 PM AFTERNOON PADDLE RACES BEGIN

- 1. Pie Plate Race (Canoe or Boat, 4 people, propelled by pie plates)
- 2. Open Canoe Race (1 per canoe)
- 3. Kayak Race (16 & under, 1 per kayak)
- 4. Kayak Race (17 & over, 1 per kayak)
- 5. Stand Up Paddleboard (16 & under GIRLS)
- 6. Stand Up Paddleboard (16 & under BOYS)
- Stand Up Paddleboard (17 & over WOMEN) 7.
- Stand Up Paddleboard (17 & over MEN) 8.
- 9. Backwards Canoe Race (2 men + 2 women)
- 10. In and Out Canoe Race (2 per canoe)
- 11. 150 YEARS & over (combined ages) Canoe Race
- 12. Canoe Race (16 & under, 2 boys + 2 girls)
- 13. Canoe Race (17 & over, 2 men + 2 Women)
- 14. Family Members Canoe Race (MUST be the same family)
- 15. Log Rolling Contest (Crazy Hat + LACE UP Shoes mandatory) 17 +
- Log Rolling Contest (Crazy Hat + LACE UP Shoes Mandatory) 14-16 16.



Stewart Family Trophy

demarshbeth@gmail.com

TROPHIES PRESENTED FOLLOWING ALL AFTERNOON RACES

17. Egg Toss (open to ALL ages, teams of 2)

Special THANKS to:

- Our awesome KLCOA Board for their support, vision, and commitment!
- Chad Burden/Jim Dale/Gary Bouwmeister for allowing us to share the Marina Property for the day!
- Carson MacDonald from 'The Dock Shop' for additional docking for swimming/activities!
- Doug Mahood for allowing us to park on his property!
- Mike Rae from "Smoke on the Water" for providing us with this year's BBQ Lunch & Refreshments!
- Janis Parker of Parker Pad and Printing AND Bev Pike of Viper Marketing for event supplies!
- The Durie Family for the donation to the KLCOA of much needed walkie talkies! The Families who have kindly donated trophies over the years!
- Our amazing VOLUNTEERS...who have generously given their time to help create special memories!
- KLCOA Members and Kennisis Cottagers for participating and helping to make our 2023 Regatta THE BEST !!!

To VOLUNTEER, Contact:

Kerin Harding at 705 754-3850 or 416 579-9432 kerin.harding@gmail.com Beth DeMarsh at 705 754-4606 KLCOA Sailing Regatta - Sunday August 6 at 2 pm!

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The Marina has an AED - Thank You!

Lynda Henry posted this note on Facebook!

"Thank you <u>Lauren Jessica</u> Walton and everyone who donated to make it possible to have this AED machine at the marina. It was so nice to see it out in front at the marina.



And thanks to the KLCOA for organizing the presentation this morning to purchase an AED for our cottage at a discounted price."

The KLCOA is again offering a group buy program for AEDs. AEDs are small, portable devices that can be used in sudden cardiac arrest emergencies.

will register your AED and provide follow ups when your battery and pads need to be replaced.

Replacement batteries and pads for AEDs previously purchased through the KLCOA group buy can also be purchased. Pads and batteries are good for 4 years.

EXAMPLE: Retail: \$1889.00,KLCOA Group Buy Cost: \$1,499.00 Walks you through the complete use of the unit with audio and visual prompts, when to press the shock button (making it a "semi-automatic" AED – the user presses the shock button if/when instructed) and a loud metronome will keep time with your compressions when you do CPR. More options are available by going to www. klcoa.org or in our eblasts.

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KLCOA Offered Another Septic Workshop

Many thanks Jim Prince for organizing the workshop and thanks to Paul and Tammy Chamney for offering their location for the Jluy 15th workshop.

Although Dysart et al initiated the level 4 septic inspections a few years ago, (now reduced to level 3) there continues to be community members who are seeking more information about septic wellness.

This year, Derek Sutton created a video for KLCOA which will be available on our website soon. He is also to be credited for these photos.

Also, thank you to Mike Rahme from HomePro and Bri Quinn from Dysart et al for sharing their knowledge.







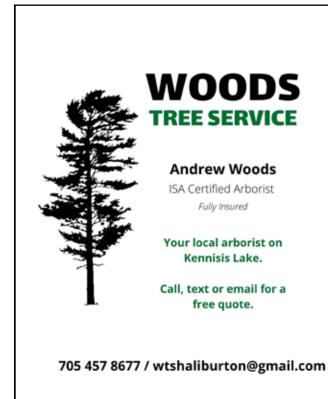
Bri Quinn from Dysart et al talks about bylaw septic inspections.





Mike Rahme inspects and talks about septic wellness.







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Woly,

INTRODUCING OUR KLCOA SPONSORS

We are very pleased to announce that Haliburton and Minden Home Hardware. Parker Pad and Printing and Viper Marketing offered to sponsor our Kennisis Lake Community events again the year! The additional funds will go towards our increasing costs for "Art on the Dock" and also for our new "End of Summer" community event in the event tent at the Marina. We are very thankful for

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Minden Home hardware building centre





On May 31st, Sadie Fischer was able to talk to us about the collection of benthic macro invertebrates or bugs that live in the muck near the shoreline and can be seen by the human eye and do not have backbones. When the results were gathered from 6 sights on Big Kennisis and compared to a scientific scale, the number of bugs told us that Kennisis Lake is presently a healthy lake. Good news!

Little Kennisis may be included in the next search for bugs in the muck as this data gathering is planned over a 5 year period.

Since we are fortunate to have a youtube channel, interested folks can watch the webinar at this link: <u>https://www.youtube.com/watch?v=nsc4AsgWzfE</u>

As an additional reminder, a previous webinar with Dr. Elizabeth Favot, a research biologist, presented us with details on what blue green algae is, what causes it and what we can do to help prevent it. Plenty of information was based on science and research but also very informative. We all knew that fertilizers increase phosphorous in our waters and we also know that we need to keep our shorelines as natural a possible, but a few more interesting facts were also presented. Interested folks can watch the webinar at this link:

https://youtu.be/IIAf5TTGo7Q

we are also looking at more webinars listed	below. If you have other suggestions, please		
OTHER Upcoming topics: Boating Safety and Etiquette on the Kennisis Lakes Pesticides and our Shoreline Community Renting Your Cottage – Tips and Tricks for Happy Renters, Happy Owners, Happy Lakes New to the Kennisis Lakes – A webinar for new property owners	contact Jim Prince at the address listed		
	For additional information contact: Jim Prince - KLCOA Stewardship		
Invasive Species – Broad Overview and specific to the Kennisis Lakes KLCOA Lands and Traditional Rights of Way	jimprince@sympatico.ca		

Benthic Testing On Kennisis Lake Tells the Health Of Our Lake

(Complete results can be found on our website www.klcoa.org)

Purpose

The 2022 Kennisis Lake Benthic Assessment was completed as part of the Woodlands and Waterways EcoWatch's (WWEW) aquatic biomonitoring program, run by U-Links, in conjunction with the Kennisis Lake Cottage Owners' Association (KLCOA). 2022 was the fourth year of benthic sampling at Kennisis Lake, contributing data to the 5-year baseline data set required for determining trends.

The health of a lake can be assessed using benthic macroinvertebrate ("benthos" or "benthics") data in conjunction with water chemistry data. These small aquatic invertebrates live in the benthic zone or lake bottom and are excellent indicators of pollution. Benthos spend most or all of their life in the water making them susceptible to organic or inorganic inputs. Certain groups have different levels of tolerance to aquatic pollutants and their presence or absence can provide insight to the health of a waterbody.

Recommendations

Recommendations include:

- Continue conducting benthic biomonitoring to gather 1 additional year of baseline data to
 account for natural variances.
- Compare Kennisis Lake with the other lakes in the Trent Severn Waterway system to track accumulations of pollutants.
- Conduct statistical analysis on organism's vs habitat to gain a better understanding of the species found at each site.
- Practice responsible water recreation:
 - limit wakes where necessary to minimize shoreline erosion,
 - clean boats and equipment before travelling to new locations to prevent the spread of invasive species and pathogens

Acknowledgements

Thank you to everyone who is a part of the Kennisis Lake Cottage Owners' Association, including our host, Jim Prince. Thank you to the staff and volunteers at U-Links who helped to coordinate and complete all aspects of this project.



Figure 5 ULinks staff Frank Figuli with CCC interns Asher and Brendan, Kennisis Lake 2022.

The final test results indicate that "Kennisis Lake appears to be healthy" after taking samples from 6 different sites.

The study will continue for another year to produce a 5 year trend.

In the meantime, be aware of the recommendations and

- refrain from using pollutants,
- limit wakes near shorelines,
- clean boats and equipment to before leaving or entering our lakes

REMINDER: NOT ALL HAZARDS ON THE WATER ARE MARKED WITH BUOYS!

INDIVIDUAL BOATERS ARE RESPONSIBLE TO AVOID NAVIGATION HAZARDS!

CENTURY 21.

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Greater Haliburton Team



Gloria Carnochan & Breann Budel Sales Representatives

Whitney Manandhar Professional Photographer, Office Assistant

kennisisoffice@gmail.com 705 754 1932

"

Gloria, we would like to take time to thank you & your staff for the very professional way our sale was handled. You were very efficient, considerate, & cooperative in everyway. The follow up & effort is very much appreciated. We thank you again.

Take care D & S

Let our 30 years of experience work for you...

A NEW NO WAKE MARKER

A "No Wake" marker has been requested and deployed near the entrance to dam. Be aware and reduce speed to avoid personal injury or injury to others.



REMINDER: KLCOA Annual Stickers

Please pick up your annual stickers at the Marina Store. There are a lot of past year stickers still on file. These stickers will no longer be available after the Thanksgiving Weekend.

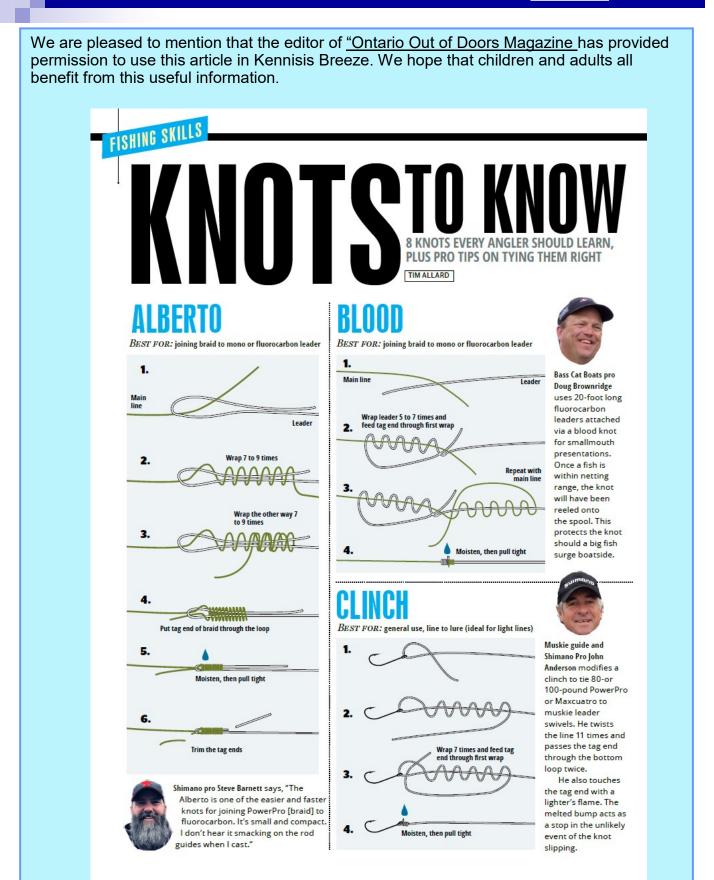
If you need a new sign please contact Joan Middlelton at jmiddletonlake@gmail.com

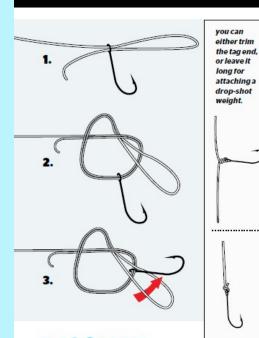
REMINDER: SPEED LIMIT

Wakes near shorelines cause erosion. loss of plant growth and harm to shallow water fish species and the habitat that shoreline wildlife rely upon. The **Federal Department of** Fisheries and Oceans has imposed a speed limit of 10 kilometres an hour within 30 metres of the shoreline of all navigable waters in Canada.



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PALOMAR BEST FOR: consulute line

BEST FOR: general use, line to lure, or drop-shotting



Daiwa pro Matt Pezzetta says, "So simple, it's like tying your shoe. I like this knot because it give you two wraps of line around the hook eye. I don't know if that really adds strength or longevity to the life of the knot, just piece of mind. Two wraps are better than one."

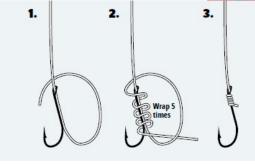


BEST FOR: live bait rigs, straight-shank bass flipping

Okuma and Power-Pole pro Erik Luzak says, "A snell knot forces the hook point up, into the roof of the bass's mouth, for a better hooking percentage while flipping the heavy cover with heavy punch rigs. This is actually the knot that Ashley Rae and I used to help us win the FLW Canada Cup on the Bay of Quinte in 2018."



ONTARIO OUT OF DOORS



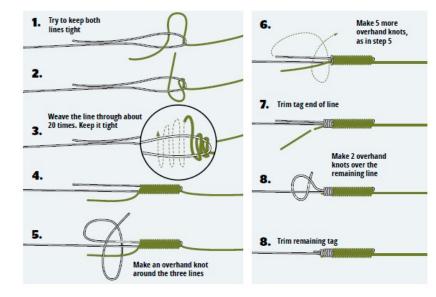
"Only use a knot that you have confidence in, and one you can tie quickly, easily, and in any condition; cold weather, wind, and rain can make it tough to tie certain knots. When the money is on the line, literally, you want to have 100% confidence in the knot you tied to both your leader and lure/hook" - Erik Luzak

BEST FOR: joining main line to leader. This is an advanced knot and takes time to learn.



Lake Nipissing guide, Rob Hyatt says, "The reason I use and recommend this

knot is the profile of the knot is small and it passes through the guides on your rod nicely, and it never fails when tied properly,"

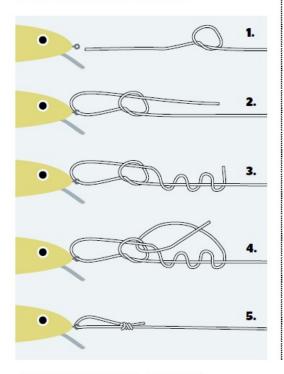




Two more knots you should know, by pro angler Jeff "Gussy" Gustafson

LOOP/RAPALA KNOT Best for:

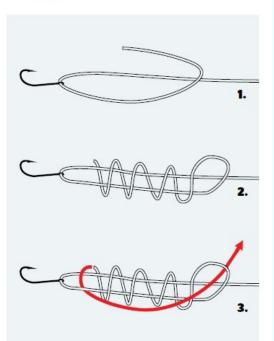
The loop knot is used for attaching lures, where its loose connection allows the bait to have a better action. Also great for use with heavy fluorocarbon leaders.



38 ONTARIO OUT OF DOORS | Nov.-Dec. 2017

SAN DIEGO JAM Best for:

This three-tag end knot is used by most of my competitors on the Bassmaster Elite Series. Relatively easy to tie and very strong.



Kennisis Breeze



KLCOA Board of Director Elections 2023

At the Annual General Meeting of the KLCOA in September 2023, elections will be held for the new Board of Directors. All current directors wishing to run again must stand for re-election along with any new candidates.

The Board is a working board. Each Director is expected to take on at least one portfolio and/or major project. There are a **minimum** of six board meetings per year, in a combination of face-to-face meetings and conference calls. You must be a KLCOA member in good standing to be elected to the Board. This year, we were especially looking for, but not limited to, new directors with skills in website administration, roads monitoring and maintenance as well as expertise or keen interest in government relations, building community and engaging our next generation.

A nominee was required to submit the nomination/consent to run form as well as a

4 or 5 sentence paragraph about who you are, your skills set, why you want to run, and a

cottage-themed photo of yourself, which will be published to the membership after

July 31st, 2023.

Nomination Committee Chair: Joan Middleton, KLCOA VP jmiddletonlake@gmail.com

Deb Wratschko, KLCOA President klcoa.president.2017@gmail.com

Jacquie Geall, KLCOA Secretary jacandclay@icloud.com



As mentioned in the previous Spring newsletter and in eblasts, nominations were to be submitted by July 31st in order to post them on the KLCOA website.

Soap Pond Lands are now owned by the KLCOA. As with other KLCOA lands and partnership lands, the property is available to the public should they wish to use it. This is consistent with the KLCOA Lake plan and helps to address the lack of public lands around our lakes. Please remember that these lands are for "day use" only and fireworks are not permitted in this area. Also, There are no formal fire pits on the Soap Pond Lands and KLCOA does not presently have the infrastructure to construct or maintain any fire pits on the lands. Campfires would naturally increase the risk of a wildfire on the lands and possibly pose a risk to neighbours. Fires could also impact KLCOA liability and insurance. This is also consistent with the Dysart et al bylaw (2019-25) which prohibits daytime burning for the period of April through October. Enjoy the peace and tranquility that this land has to offer!



Associa

Please Join us for a Picnic on Norah's Island

Date: Monday, August 7th, 2023

Time: 11am - 1pm

Where: Norah's Island, Kennisis Lake

Join us: the Norah's Island Management Committee invites you to bring a picnic lunch and join us on the island to celebrate the beautiful island and the partnership between the HHLT and the KLCOA

How to get there: if you can't come by kayak, canoe or a small boat, a "pontoon boat ferry service" will be provided from the marina (limited parking) starting at 10:45am, with return trips starting around 1:00pm.



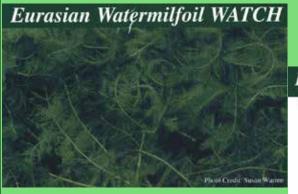




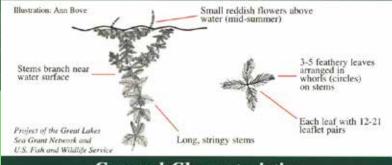
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Kennisis Breeze



How to Identify Eurasian Watermilfoil (Myriophyllum spicatum)



General Characteristics

· Found in waters less than 20 feet (6 meters) deep

- May form mats in waters less than 15 feet (4.5 meters) deep
- A native look-alike, northern watermilfoil, has fewer (5-10) leaflet pairs

Eurasian Watermilfoil

Eurasian watermilfoil is a feathery submerged aquatic plant that can quickly form thick mats in shallow areas of lakes and rivers in North America. These mats can interfere with swimming and entangle propellers, which hinders boating, fishing, and waterfowl hunting. Heavy infestations may reduce property values. Matted milfoil can displace native aquatic plants, impacting fish and wildlife.

Since it was discovered in North America in the 1940s, Eurasian watermilfoil has invaded nearly every US state and at least three Canadian provinces. Milfoil spreads when plant pieces break off and float on water currents. It can cross land to new waters by clinging to sailboats, personal watercraft, powerboats, motors, trailers, and fishing gear. Eradicating established infestations is nearly impossible. Your help detecting and reporting new infestations is vital for preventing their spread.

What you can do

- · Learn to identify Eurasian watermilfoil (see back cover).
- · Inspect and remove aquatic plants and animals from boat, motor, and trailer.
- · Drain lake or river water from livewell and bilge.
- · Dispose of unwanted live bait in the trash.
- Rinse boat and equipment with high-pressure hot water (104°F/ 40°C), especially if moored for more than a day, OR
- Dry everything for at least 5 days.
- For more information on Eurasian watermilfoil in Ontario, call the Invading Species Hotline, (800) 563-7711, or your local Ontario Ministry of Natural Resources office.

REMINDER: Know the rules!

Specimens are needed to confirm sightings, but some jurisdictions prohibit or discourage possession and transport of Eurasian watermilfoil and other invasive aquatic plants and animals. Contact your local natural resource management agency for instructions. Unauthorized introduction of plants or fish into the wild is illegal. Protect your property and our waters.

© 2002 University of Minnesota Sea Grant Program

The Eurasian Watermilfoil has already been identified in some lakes in Haliburton,

We need to be vigilant to keep this invasive weed from entering Kennisis Lake. Thank you to Ontaio's invasive Species Awareness Program fpr providing this information. More information about invasive species can be found at

https://www.invadingspecies.com/



Kennisis Breeze



Kennisis Lake Annual Fishing Derby

Four times a year, Canadian residents can fish for free in Ontario (meaning no fishing licence is required for anyone) on Family Day in February, Mother's Day weekend, Father's Day weekend and Family Fishing week, July 1-9, 2023. Thank you to the Neeley family for organizing the rock bass fishing derby again this year for our Kennisis community. The 25 participants caught a total of 124.35 ponds of rock bass! Well done! What a great family activity for our fishing enthusiasts!









It's A Wrap!

Celebrate the end of another wonderful summer with the KLCOA End of Summer Event!

Date: Saturday, September 2, 2023 - 10am to Noon **Location**: Event Tent at the Marina

Meet your Lake neighbors and friends to:

Enjoy the famous scones from SIRCH Bistro in Haliburton with coffee, tea and juice (Compliments of the KLCOA)

Wear your favourite plaids to take a 'season wrap up' picture' in the photo booth

Meet KLCOA Incumbent board members and new nominees

Enter to win a fabulous door prize (details coming soon)





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